



The Borough of Montvale

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newsletter

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A look at the Community, including upcoming events, important notices, meetings, and more.



WE WISH YOU A HAPPY NEW YEAR

Happy New Year!

Mayor Ghassali & The Borough Council wish the residents of Montvale a happy and healthy New Year!

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The Mayor's Corner

As we say goodbye to 2024 and welcome the promise of a new year, I want to take a moment to reflect on the strength and resilience of our incredible community. Together, we've faced challenges, celebrated milestones, and worked tirelessly to

in its future as proud farm owners. We remain committed to addressing the state-mandated high-density housing requirements, while carefully balancing growth with our town's unique character and needs.

As we move into the new year, there is so much to look forward to—whether it's enhancing local services, supporting our small businesses, or strengthening the bonds between neighbors. Let's approach 2025 with hope, positivity, and a renewed commitment to kindness and collaboration.

Together, we will make 2025 a year of growth, success, and continued community spirit for Montvale.

On behalf of the Borough of Montvale, I wish you all a happy, healthy, and prosperous New Year!



make Montvale an even better place to live, work, and raise a family.

Looking ahead to 2025, I am filled with optimism about the opportunities and progress that lie ahead for our town. Our beloved farm will continue to thrive, and with your involvement, we now share

Mayor

Mike Ghassali (R)
MGhassali@montvaleboro.org

Municipal Clerk

Fran Scordo
fscordo@montvaleboro.org

Administrator

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JVoytus@montvaleboro.org

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TCudequest@montvaleboro.org

Fire Prevention

Hopefully everyone had a great holiday season. If your Christmas tree is extremely dry, please place it outside of your home. Dry trees and wreaths create a severe fire risk. If Santa placed any EV scooters, bikes, etc. under the tree, please if possible store them in a detached structure on your property (shed, detached garage). If a FIRE or any EMERGENCY occurs in your home DO NOT DELAY and DIAL 911. Thank you and Happy New Year!

Montvale Senior Club Activities

Monday

- Healthy Bones – 10:00am-11:15am HARP 551-996-2038
- Chair Exercises – 11:00am-12:00pm (video tape) Micki Keller -201-669-9935 Rani Moraine – 201-930-8950
- Mahjong – 1:30pm-3:30pm Kitty Stern – 201-802-0997

Tuesday

- Cornhole/ games – (co-ed) 10:00am-12:00pm John Rotante -201-391-4194 Vinnie Alfano – 551-427-8143
- Canasta – 1:30pm-3:00pm Anne Coyman 201-391-0454
- Tai Chi – 1:30pm-2:15pm Lisa Dent -201-391-5700-ext.251

Wednesday

- Yoga Exercises – 11:00am-12:00pm Micki Keller 201-669-9935 Rani Mooriani 201-930-8950
- Mexican Train/Cards 1:00pm – 3:30pm Pat Casciano 201-307-9685 Lucille Borthwick 845-649-2964

Thursday

- Savory Seniors –Thursday, January 30 11:30am-1:00pm

Friday

- Chair Exercises 11:00am-12:00pm Rani Mooriani 201-930-8950
- Cards/Games/Rummikub 1:30pm-3:00pm Dianne Carfora 201-314-0141

Monthly Activities

- Senior Club Business Meeting – January 9 12:00pm – 2:00pm
- Book Club – Thursday, January 23 12:30pm The book this month is: - 'Mrs. Quinn's Rise to Fame' by Olivia Ford Ree Hopper-201-391-7386 JoAnne Palkevich 201-573-0891
- Bingo / Pizza – January 10 5:00pm – 7:00pm (\$8.00) Micki Keller 201-669-9935 Jodi Miller 551-427-4581
- Senior Club Social – Thursday, January 16. 12:00pm – 2:00 pm
- Gym Open – Monday -Wednesday-Friday 8:00am-12:00pm Bob Daley 201-307-0393 Werner Hahnemann 201-391-8399
- Our nurse will be visiting us on the first Monday and the first Thursday for blood pressure readings

Upcoming Trips / Events

- March 4, 2025 Doolan's St. Patrick's Day party. Details to follow.
- Trip to Woodloch Pines June 3-6, 2025 . Deposit of \$100.00 due at the December 5 meeting. Make check payable to Woodloch Pines. (\$100.00 per room deposit).

**January dues are due at the January Business Meeting. Make the \$20.00 check out to the Montvale Senior Club. Payment by check only. Senior Club will be closed on New Year's Eve and New Year's Day.

Curbside Collection

Mon	Tue	Wed	Thu	Fri
30 East Zone Trash Pickup	31 Central Zone Trash Pickup West Zone Trash Pickup	1	2 Recycling: Districts 1 & 2	3
6 East Zone Trash Pickup	7 Central Zone Trash Pickup	8 West Zone Trash Pickup	9 Recycling: Districts 3 & 4	10
13 East Zone Trash Pickup	14 Central Zone Trash Pickup	15 West Zone Trash Pickup	16 Recycling: Districts 1 & 2	17
20 East Zone Trash Pickup	21 Central Zone Trash Pickup	22 West Zone Trash Pickup	23 Recycling: Districts 3 & 4	24
27 East Zone Trash Pickup	28 Central Zone Trash Pickup	29 West Zone Trash Pickup	30 Recycling: Districts 1 & 2	31

Montvale Public Library

Friends of the Library

Thank you to everyone who donated and purchased items at the Friends of the Library Jewelry Sale and Holiday Books sale. We thank you all for your support!

We are still accepting jewelry donations and are planning another sale during the spring. If you would like to take a look at some of the jewelry still available for sale, please ask for Giulia.

The next Friends of the Library meeting will be held on Thursday, January 9th at 7:30pm. Please email Bombace@montvale.bccls.org if you wish to attend and so that a reservation can be made.

Adult Programs

Please visit www.montvalelibrarynj.org/calendar to register for any of the programs listed below unless noted otherwise.

January 6, 13, 20, 27 2025 at 7:00 p.m.

Adult Meeting Area

Knitting/Crocheting Group

Need to unwind? Join us every Monday of every month at 7:00 p.m. for a relaxing knitting/crocheting group. Bring what you are working on or start on something new. This group is meant for adult patrons with knitting/crocheting experience. This program will take place in the Adult Meeting Area.

January 7, 14, 21, 28 2025 at 10:00 a.m.

Chair Yoga

Come join us for a half-hour chair yoga class taught by certified yoga instructor Shelley Sontag. Increase strength and mobility using gentle, easy-to-follow movements. All skill levels are welcome. Tuesday, 1/7, 1/14, 1/21, 1/28 at 10am. Register for as many sessions as you want. Location to be determined.

Montvale Public Library

Adult Programs

January 16, 2025 at 7:00 p.m.

Virtual Program

Old Movie Theaters of Bergen County

Step back in time to the golden age of cinema in Bergen County, from the Art Deco splendor of the Westwood Theater to the historic Englewood Plaza. Revisit these beloved establishments, where generations of Bergen County residents shared laughs, tears, and unforgettable moments under the silver screen. This program will take place in the Library Activity Room.

January 23, 2025 at 7:00 p.m.

Virtual Program

5 Organizing Rules to Follow and 5 to Break in 2025

Did you know that what you do when decluttering is just as important as what to avoid. Set yourself up for lasting success in 2025 by logging on and learning the top five rules to follow and the five you can skip. Presented by expert organizer Jamie Novak, the author of Keep This, Toss That. There will be a short live guided tidy-up task. This is a virtual program. A Zoom link will be sent out on the day of the event.

January 27, 2025 at 6:30 p.m.

Montvale Cookbook Supper Club

We will be discussing Indulge: Delicious & Decadent Dishes to Enjoy & Share, by Valerie Bertinelli.

Registration is limited. Sign up on the Montvale Library's website.

January 30, 2025 at 7:00 p.m.

Library Activity Room

Food Addicts in Recovery Anonymous Information Session

Are you overweight? Underweight? Obsessed with food, weight, or dieting? You are not alone. Learn about Food Addicts in Recovery Anonymous (FA), a program based on the Twelve Steps of Alcoholics Anonymous (AA). There are no dues, fees, or weigh-ins.

Adult Book Clubs

January 6, 2025 at 7:30 p.m.

Library Activity Room

Monday Evening Book Club

The Monday Evening Book Club meets on the first Monday of every month at 7:30pm. This month we will be reading Verity, by Colleen Hoover.

January 13, 2025 at 12:00 p.m.

Library Activity Room

Monday Afternoon Book Club

The Monday Afternoon Book Club meets on the second Monday of every month at 12:00pm. This month we will be reading Looking for Jane, by Heather Marshall.

Children's Department

Babies in the 'Brary Friday, January 3rd @ 10:30

Join us for Babies in the 'Brary where we will sing songs, rhymes, and fingerplays, all building blocks for early literacy. Babies ages 0-18 months and a grown-up are invited to join us for all this and more! Registration is required.

Montvale Public Library

Children's Department

Stories and More Thursday, January 9th & 23rd @ 10:30

Come sing, play, and read with us! Children 19 months and older are invited to join us for storytime. This is a grown-up and child program. A new registration is required for each class.

Food Explorers Cooking Program- January 13th @ 4:30

Who wants to do some cooking? Food Explorers will be here to guide you through a journey of new foods and flavors making a yummy treat! Get ready to measure, stir, and create! This program is for 7 years and older. Space is limited and registration is required.

Yoga for Littles, Thursday January 16 and 30

Join us with Bozza Yoga Littles and enjoy creative yoga poses, movements, and fun! Come, meet friends, and improve hand-eye coordination and motor skills through yoga! This class is for children aged 19 mths- 4 years and is a grown-up and child program. A new registration is required for each class

Baby Stay and Play Friday, January 17th @ 10:30 am

Come to the library for a playdate! Grown-ups and their child ages 0-4, are welcome to join this free-form, flexible program to imagine, connect with others, and enjoy some playgroup fun!

Zumbini Time Tuesday, January 14th @ 10:30

Zumbini is a music and movement class for children 6 mths-4 years. Led by Tina of Zubini Time, children can enjoy rhythm and dance while building their social, motor, and cognitive skills. This is a grown-up and child program. Registration is required

Ms. Jolie Move and Groove Tuesday, January 21st @ 10:30

Get ready to dance and sing with Ms. Jolie's Move and Groove Class! Ms. Jolie will bring energy and fun with singing, dancing, and grooving! This class is best suited for 6mths - 4 years Registration is required.

Mr. Corbitt's Musical Storytime Tuesday, January 28th @ 10:30

Get ready for a fun, engaging musical experience with Mr. Corbitt's Musical Storytime! Mr. Corbitt brings his vast musical background and love for teaching and working with children together for this energetic and enriching storytime/singalong for parents and children alike. This class is best suited for 6mths - 4 years. Registration is required.

PET Partners Read with Me Program January 29 at 4 pm

Come and read to a trained therapy dog at Montvale Library! Children can practice their reading skills and bolster their self-confidence by reading aloud to some great listeners. These therapy dogs are "all ears" when it comes to listening to stories. Registration is required for each reader and each reading session is 1:1 and 10 minutes long. This is for ages 8 years and older.

Please plan to arrive 15 minutes prior to your reading time so you have time to get settled and choose a book. If you are not present for your time slot we cannot guarantee your child will get their turn.

English as a Second Language.

The Montvale Public Library is a member of the Literacy Volunteers of Pascack Valley which provides ESL (English as a second language) classes for residents of our town. Through this program, students can take classes in person or virtually, taught by trained ESL teachers. Group Classes are going on now. There is currently a wait list for one on one tutors.

If you have any questions or would like to become a student or a tutor, please inquire with the ESL manager, therese.jones@montvale.bccls.org or email literacyvolunteerspv@gmail.com. A new 4 week session for tutor training will be held on Tuesday, January 21, January 28, February 4 and February 11 2025 7:00-8:30 pm.

Montvale Public Library

Museum Passes

Please check out our website <https://www.montvalelibrarynj.org/museum-passes> for updated information about how to obtain passes for the following museums:

Storm King, Guggenheim, the Intrepid Museum, the American Museum of Natural History and The Museum of Modern Art! Museum passes for the American Museum of Natural History and the Intrepid are provided by the Friends of the Library.

eBooks and Other Online Materials

The Montvale Library subscribes to Kanopy, a streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14 digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org.

Montvale Recreation

Field, Court and Facility Reservations



Looking to reserve fields, courts or parks in Montvale? Don't forget to get a permit first! Apply by going to montvalerecreation.org and submitting an application through Community Pass.

An application must be approved prior to any organized use of a field, court or facility.

Applications for Spring 2025 use of the FIELDS must be submitted between January 1 and February 1.

Montvale Recreation

W i n t e r 2 0 2 5

Girls Volleyball

This 10-week program is open to all volleyball players in grades 5-8 who are interested in improving their skills and practice in gameplay! All equipment is provided. This program takes place over the course of 10 weeks per the below schedule.

Grades 5-6 on Tuesdays 7:00-8:00pm
January 14 - March 25

Grades 7-8 on Wednesdays 8:00-9:00pm
January 15 - March 19

Memorial School Gymnasium : 53 W Grand Ave

Resident Fee: \$200

Non-Resident Fee: \$250

Registration: Go to montvalerecreation.org

Adult Yoga

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Montvale Community Center: 1 Memorial Drive

Mondays at 7:00pm beginning January 6

Resident Fee for each 4 week session: \$40

Non-Resident Fee: \$50



30+ Basketball



This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball. Play occurs in the gymnasium at Memorial Elementary School. Parking is located on Memorial Drive and participants should enter through the side community entrance. Registration is open and ongoing throughout the season. The fee covers the entire season.

Memorial School Gymnasium: 59 W Grand Ave
Mondays 8:00 –10:00 pm
September 16 – June 16
Resident Fee: \$75
Non-Resident: \$95
Registration: Go to MontvaleRecreation.org

Tai Chi

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax.

Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...



Montvale Senior/Community Center: 1 Memorial Drive
Resident Fee: \$80
Non-Resident Fee: \$100
Montvale Senior Club Discount: \$40
Registration: Go to montvalerecreation.org

Montvale Recreation



The Way

“The Way - The Art of Life,” is the art of Self-Defense and Wisdom Living (THE WAY FOUNDATION INC). It is the training of the Body, Soul, and Spirit for self-defense in the unarmed combat and daily healthy growth.

We know of some of the widely known Martial Arts and how each is referenced with the country where they originated.

Karate - Japan Kung Fu - China TaeKwon-Do - Korea

The Way - The Art of Life - USA (Montvale, NJ)

Grow, get fit and learn to be disciplined while using the following attributes and tenets of THE WAY: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control. The Way meets twice per week for 8 weeks.

Tuesdays and Thursdays Beginning January 28

6:00-7:00pm Kindergarten - Grade 4

7:00-8:00pm Grades 5 - 8

8:00-9:00pm High School and Adults

Montvale Senior/Community Center: 1 Memorial Drive

Resident Fee: \$120

Non-Resident Fee: \$180

Registration: Go to montvalerecreation.org (advanced registration required)

Adult Volleyball

Pick-up style play open to all skill levels, ages 18 and up. Volleyballs are provided for all those who attend. Up to 2 games at once.

Memorial School Gymnasium : 53 W Grand Ave

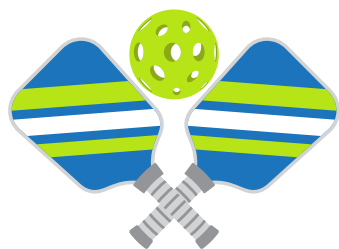
Tuesdays 8:00pm-10:00pm January 14 - June 17

Resident Fee: \$240

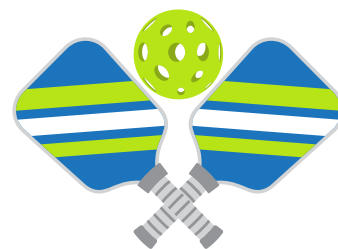
Non-Resident Fee: \$260

Registration: Go to montvalerecreation.org





Pickleball Court Badges



Badges must be obtained prior to the use of the pickleball courts located at 1 Memorial Drive. Each year, residents and non-residents must renew their badges for the calendar year, January-December. Badges for the 2025 season will be available for purchase beginning January 2 at Borough Hall located at 12 DePiero Drive. Borough Hall is open Monday-Wednesday 8:00am-4:00pm, Thursday 8:00am-6:00pm and Friday 8:00am-12:00pm.

Payment methods accepted at Borough Hall include cash or check. For credit card payments, please utilize montvalerecreation.org to register for a badge or renewal sticker through Community Pass. When registering online, badges and renewal stickers still need to be picked up at Borough Hall. If you are not able to do so within operating hours, please email MontvaleRecreation@montvaleboro.org to make alternative arrangements.

Residents		Non-Residents	
Adult (18-61)	\$30	Adult (18-61)	\$100
Child (17 and younger)	\$10	Child (17 and younger)	\$30
Senior Citizens (62 and older)	\$15	Senior Citizens (62 and older)	\$100
Replacement Badge (1 per year max)	\$10	Replacement Badge (1 per year max)	\$10



Tennis Court Badges



Badges must be obtained prior to the use of the tennis courts located at 1 Memorial Drive and 159 Chestnut Ridge Road. Each year, residents and non-residents must renew their badges for the calendar year, January-December. Badges for the 2025 season will be available for purchase beginning January 2 at Borough Hall located at 12 DePiero Drive. Borough Hall is open Monday-Wednesday 8:00am-4:00pm, Thursday 8:00am-6:00pm and Friday 8:00am-12:00pm.

Payment methods accepted at Borough Hall include cash or check. For credit card payments, please utilize montvalerecreation.org to register for a badge through Community Pass. When registering online, badges still need to be picked up at Borough Hall. Questions? Email

MontvaleRecreation@montvaleboro.org

New in 2025, tennis badge registrants will receive an identifying badge rather than an access control badge to the courts. The tennis gates will not be locked at any time, but court users must be able to present a current year's badge validating that they are a current badge holder when asked by a representative of the recreation dept. The Rec Dept has moved to an identifying badge in order to alleviate continued technical issues surrounding the access control system at the tennis gate entrance. Please note that regardless of having a badge in 2024 or prior, online registrants must come into Borough Hall to pickup their new 2025 badge. If you are not able to do so within operating hours, please email MontvaleRecreation@montvaleboro.org to make alternative arrangements.

Residents		Non-Residents	
Adult (18-61)	\$30	Adult (18-61)	\$60
Child (17 and younger)	\$10	Child (17 and younger)	\$20
Senior Citizens (62 and older)	\$15	Senior Citizens (62 and older)	\$30
Replacement Badge (1 per year max)	\$10	Replacement Badge (1 per year max)	\$10



Basketball Court Badges



Badges must be obtained prior to the use of the basketball courts located at 1 Memorial Drive. Each year, residents and non-residents must renew their badges for the calendar year, January-December. Badges for the 2025 season will be available for purchase beginning January 2 at Borough Hall located at 12 DePiero Drive. Borough Hall is open Monday-Wednesday 8:00am-4:00pm, Thursday 8:00am-6:00pm and Friday 8:00am-12:00pm.

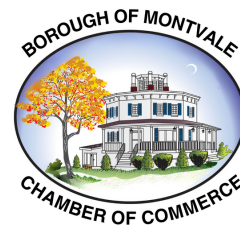
Payment methods accepted at Borough Hall include cash or check. For credit card payments, please utilize montvalerecreation.org to register for a badge or renewal through Community Pass. When registering online, badges and renewal stickers still need to be picked up at Borough Hall.

Questions? Email MontvaleRecreation@montvaleboro.org

Residents		Non-Residents	
Adult (18-61)	Free	Adult (18-61)	\$25
Child (17 and younger)	Free	Child (17 and younger)	\$15
Senior Citizens (62 and older)	Free	Senior Citizens (62 and older)	\$10
Replacement Badge (1 per year max)	\$5	Replacement Badge (1 per year max)	\$5

NEWSLETTER

Montvale Chamber of Commerce



JOIN THE MONTVALE CHAMBER

- Growing business through networking
- A liaison to local government
- Supporting local organizations and events
- Board meetings the 1st Wednesday of every month

Chamber Co-Presidents

Scott L. Forman, CrossCountry Mortgage
Steven Fox, Janney Montgomery Scott, LLC

Vice Presidents

Tom Davey, Davey's Locker
Tom Chapman, Tom A Chapman DMD

Secretary

Thomas Hartel, John M. Hartel Co.

Treasurer

George Varghese, Lifeline Urgent Care

Board Members

Julia Avato, Business Development
Paul Jordan, Wegmans
R. Lorraine Hutter, Borough of Montvale
Ron Laurent, CrossCountry Mortgage
Amy Debellis, Sotheby's Real Estate
Doris Sutich, Perfect Limo

2025 Regional **KICK-OFF** EVENT

5 FEBRUARY, 2025

5:30 PM - 7:30 PM

Courtyard Marriot - 100 Chestnut Ridge Rd, Montvale

**Update on local and regional
construction projects**

2025 economic forecast

**Meet and network with local and
regional leaders and business people**

*Sponsored by
Courtyard Marriot and Fire & Oak*

MONTVALECHAMBER.COM

CHECK IT OUT