



The Borough of Montvale

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newsletter

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A look at the Community, including upcoming events, important notices, meetings, and more.



Day in the Park 2024

Join us for Day in the Park on September 7 beginning at 4pm on Memorial Drive. Learn more on page 4.

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interested in joining us to bring a legal challenge to the law. To date, 14 municipalities have adopted resolutions to join us. I will be updating this list as more towns join. I am expecting many more to join as these towns meet once a month in the summer, and I have several meetings scheduled with governing bodies across the state through September. Every town in the state is expected to receive their 4th round affordable housing obligation on or around October 20th, except for 62 towns that are classified as qualified urban aid municipalities, receiving our tax dollars for over 30 years.

The Mayor's Corner

As you know, Montvale has been at the forefront of addressing the Fourth Round affordable housing law. I will keep you posted as we progress all while ensuring we maintain our immunity and keeping up with the deadlines and state laws.

We are continuing to partner with other municipalities that are

Towns already committed to join us with resolutions and agreements:

- Allendale Borough (Bergen)
- Clark Township (Union)
- Florham Park Borough (Morris)
- Hillsdale Borough (Bergen)
- Mannington Township (Salem)
- Millburn Township (Essex)
- Montvale Borough (Bergen)
- Montville Township (Morris)
- Old Tappan Borough (Bergen)
- Oradell Borough (Bergen)
- River Vale Township (Bergen)
- Totowa Borough (Passaic)
- Washington Township (Bergen)
- Westwood Borough (Bergen)
- Wharton Borough (Morris)
- Wyckoff Township (Bergen)



There are many more towns in Bergen county that have agreed to join but haven't had a meeting yet to vote on the resolution. This past month, the governing body retained King, Moench & Collins LLP to provide legal representation as part of this effort. Starting this week, we will be setting up discussions between the participating municipalities and our retained law firm to discuss the litigation.

Tri-Boro Food Pantry

The Tri Boro Food Pantry is very grateful for any unexpired donations especially the following items:

Canned tomato products, canned beans, oatmeal, tissues, and any unexpired non perishables

The Tri Boro Food Pantry is located in the back of the Pascack Reformed Church, 65 Pascack Road, Park Ridge. A drop off bin is also located outside the doors of the library under the stairwell at Montvale Borough Hall, 12 DePiero Drive. Thank you for your support!

Montvale Police Department

The annual 9/11 ceremony will take place at 7:00PM in front of the Montvale Firehouse. We hope you can join us. I hope everyone had a great Summer, even if it seemed too short. The first day of Memorial and Fieldstone School's will be September 3rd , so please drive carefully. Day in the Park will be held on Memorial Drive on September 7th at 4:00PM.

Building Department/Code Enforcement

Fall is approaching, which means the leaves will start falling here in Montvale. To all residents including commercial properties owners, this is a reminder that Ordinance 332.3 Unlawful Dumping and Depositing includes leaves placed within the streets. Please do to not pile leaves on the streets of Montvale or fines could be issued. This is a safety issue for emergency responders, drivers, and pedestrians. Leaves piled in the street can also cause drainage problems during storms. Thank you for your cooperation.

Curbside Collection This Month

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
	Central Zone Trash Pickup East Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Yard Waste Pickup
9	10	11	12	13
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Yard Waste Pickup
16	17	18	19	20
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Yard Waste Pickup
23	24	25	26	27
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Yard Waste Pickup
30	1	2	3	4
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Yard Waste Pickup

Mayor

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MGhassali@montvaleboro.org

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Annmarie Russo-Vogelsang (R)
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BOROUGH OF
MONTVALE
NEW JERSEY



Montvale Annual Flu Clinic

**Saturday
October 5, 2024
Time: 9:00 am-10:30 am**

**Senior Community Center
1 Memorial Drive,
Montvale, NJ**

- Immunizations will be administered by Registered Nurses
- Medicare Part B participants **MUST** bring their Medicare Part B card for billing

**For more information call
HARP 551-996-2038**

KEEP GETTING BETTER



Hackensack
Meridian Health





JOIN US FOR

DAY IN THE PARK

7 SEPTEMBER

LOCATION: MEMORIAL DRIVE

STARTS AT 4:00PM
FIREWORKS AT DUSK

*FREE ENTRY
LIVE MUSIC*

ACTIVITIES

RIDES, GAME TRAILERS,
AND FOOD TRUCKS

RAIN DATE: 8 SEPTEMBER

INTERESTED IN VOLUNTEERING?
EMAIL MONTVALERECREATION@MONTVALEBORO.ORG

NJ Anchor Program

This program provides property tax relief to New Jersey residents who own or rent property in New Jersey as their principal residence and meet certain income limits. The current filing season for the ANCHOR benefit is based on 2021 residency, income, and age.

If you received the ANCHOR Homeowner Benefit last year, you should have received a letter which were mailed starting the week of August 19. If your details have not changed, no action is needed. To update your address or bank information you must file online by September 15, 2024.

If you are new to the program those applications will be mailed to eligible residents starting the week of August 26 and the deadline to submit, your application will be November 30, 2024.

Payments to eligible residents will be made in the Fall. For further information please use this link which is to the State of New Jersey Department of Taxation website. <https://www.nj.gov/treasury/taxation/anchor>

Senior Club

September 2024 Montvale Senior Club Activities

Monday

- Healthy Bones – 10:00am-11:15am HARP 551-996-2038
- Chair Exercises – 11:00am-12:00pm (video tape) Micki Keller -201-669-9935 Rani Moraine – 201-930-8950
- Mahjong – 1:30pm-3:30pm Kitty Stern – 201-802-0997

Tuesday

- Bocce/ games – (co-ed) 10:00am-12:00pm John Rotante -201-391-4194 Vinnie Alfano – 551-427-8143
- Canasta – 1:30pm-3:00pm Anne Coyman 201-391-0454
- Tai Chi – 1:30pm-2:15pm Lisa Dent -201-391-5700-ext.251

Wednesday

- Bocce (co-ed) 10:00am-12:pm John Rotante 201-391-4194 Vinnie Alfano 551-427-8143
- Yoga Exercises – 11:00am-12:00pm Micki Keller 201-669-9935 Rani Mooriani 201-930-8950
- Mexican Train/ Cards – 1:30pm – 3:30 pm Louise & George Boothby 201-476-1319

Thursday

- Savory Seniors –Thursday, September 26 11:30am-1:30pm Louise Boothby 201-476-1319 Banoo Irani 201-264-8080.
- Pickleball – 8:00am – 10:00am Kurt Birkenmaier 201-574-3020

Friday

- Bocce – (women) 10:00am – 12:00pm Pat Casciano 201-307-9685
- Chair Exercises – 11:00am-12:00pm Rani Mooriani- 201-930-8950
- Cards/ Games/ “5 Crowns”/ Rummikub 1:30pm – 3:00pm Dianne Carfora 201-314-0141

Monthly Activities

- Senior Club Business Meeting – September 5 12:00pm – 2:00pm
- Book Club – Thursday, September 12 12:30pm The book this month is: - ‘The Women’ by Kristin Hannah Ree Hopper-201-391-7386 Linda Queller – 201-505-4850
- Bingo / Pizza – September 13 5:00pm – 7:00pm (\$8.00) Micki Keller 201-669-9935 Jodi Miller 551-427-4581
- Senior Club Social – September 19 – 12:00pm-2:00pm September Bar-B-Q provided by Baileys
- Gym Open – Monday – Wednesday – Friday 8:00am-12:00pm Bob Daley 201-307-0393 Werner Hahnemann. 201-391-8399
- Our nurse will be visiting us on the first Monday and the first Thursday for blood pressure readings.

Upcoming Trips/Events

- September 24 – The Li Greci’s Staaten trip - Luncheon, Doo-Wop show with comedian
- October 20-27 – Cruise to Canada and New England – Get information from Rosemarie Kelly 201-391-8715
- November 6 – Murder Mystery Trip to the Black Forest Inn in Stanhope. Cost is \$68.00 per person. Checks to be collected at the September 5 Business meeting
- November 13-15 – Lancaster/Hershey Trip – Rosemarie Kelly 201-391-8718 Checks must be made to White Star Tours
- Tuesday, December 3 11:30am-3:30pm Seasons Holiday Party - Luncheon, Music, Dancing and Fun! (Please note that the day of the week has been changed to Tuesday and the date is earlier in month than previous Holiday parties)

Montvale Recreation

F a l l 2 0 2 4



Day in the Park

Bring the whole family for an evening of fun to include rides, food, non-profit vendors, game trailers, live music and fireworks to end the night!

Saturday, September 7 (Rain Date: Sept 8)

4:00-9:00pm

1 Memorial Drive

Free event for residents only, pre-registration not required

Interested in Volunteering?

Email MontvaleRecreation@montvaleboro.org

Adult Yoga

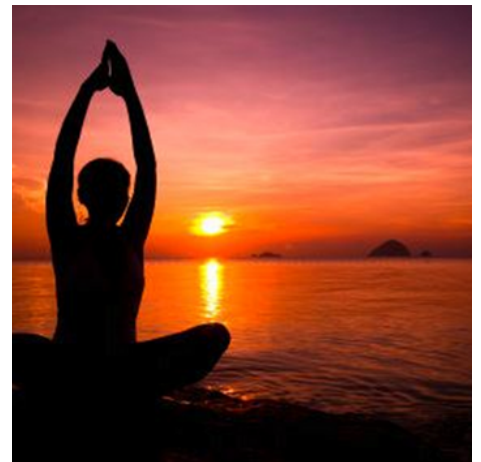
Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Montvale Community Center: 1 Memorial Drive

Mondays at 7:00pm beginning September 9

Resident Fee for each 4 week session: \$40

Non-Resident Fee: \$50



Adult Soccer

This 10-week program is a great way to get back into the game of soccer! Co-ed pick-up style games are played every Sunday evening. Participants must be 18 years or older. Registration is open and ongoing for this program, but it is only online: montvalerecreation.org.

Fieldstone Middle School - Field 1

Sundays 5:00-7:00PM

Resident Fee: \$15

Non-Resident Fee: \$20

Registration: Go to montvalerecreation.org

Montvale Public Library

Friends of the Library

The Friends of the Montvale Library will not be meeting in July. Their next meeting will be held on Thursday, Thursday, September 5th at 7:30pm at the Montvale Library. For more information, visit the Friends website www.montvalelibrarynj.org/friends or email Bombace@montvale.bccls.org.

The Friends of the Library are currently collecting used jewelry for their first Montvale Library Jewelry Sale to be held later this year. Please drop off any pins, rings, earrings, necklaces and bracelets to the circulation desk. All proceeds from the sale will fund programs, museums pass, and other library services for the community of Montvale.

Adult Programs

Please visit www.montvalelibrarynj.org/calendar to register for any of the programs listed below unless noted otherwise.

September 9, 16, 23, 30, 2024 at 7:00 p.m.

Adult Meeting Area

Knitting/Crocheting Group

Need to unwind? Join us every Monday at 7:00 p.m for a relaxing knitting/crocheting group. Bring what you are working on or start on something new. This group is meant for adult patrons with knitting/crocheting experience.

September 3, 17, 24, October 1, 2024 at 7:00 p.m.

Library Activity Room/Library Reading Garden

Mat Yoga for Adults

Join registered yoga teacher Shelley Sontag for four early evening yoga sessions. Sign up once for all four sessions. Please bring your own yoga mat. All experience levels are welcome. Spaces are limited, so register today.

September 10, 2024 at 6:00 p.m.

Library Reading Garden

Live Concert: The Kootz

Kick off the end of summer with a live concert featuring The Kootz, and get some rock n' roll with fiber! This live program will take place in the newly renovated Library Garden.

September 12, 2024 at 7:00 p.m.

Virtual Program

Harmonize Hormones: Acupuncture Strategies for Fertility and Menstrual Disorders

Join us to explore balancing hormones through the powerful influence of acupuncture and the holistic healing journey of Chinese medicine.

September 19, 2024 at 7:00 p.m.

Library Activity Room

Hands only CPR

Learn how to recognize the early signs of a heart attack, provide effective compressions, and practice use of an AED. Please note that this program does not provide a course completion certificate.

September 26, 2024 at 7:00 p.m.

Virtual Program

Using Census Data to Uncover Your Family Tree

Join genealogist Eric Migdal as we learn how to use the data gathered by the U.S. Federal Census to help in your genealogical research and uncover your family tree. State census records will also be covered.

Adult Summer Reading Program

Raffle tickets for the Adult Summer Reading Program will be accepted until September 10th. The winners will be selected at the Kootz Concert.

English as a Second Language

Volunteer to teach English as a second language- Transform lives in your community!

A free Tutor Training Workshop will be offered via zoom. Classes will begin on Tuesday, September 10th, September 17th, 24th and finish on October 1st from 7:30-9:00 pm. To sign up for the workshop, please email literacyvolunteerspv@gmail.com.

The Montvale Public Library is a member of the Literacy Volunteers of Pascack Valley which provides ESL (English as a second language) classes for residents of our town. Through this program, students can take classes in person or virtually, taught by trained ESL teachers. Group Classes are going on now. There is currently a wait list for one on one tutors.

If you have any questions or would like to become a student or a tutor, please inquire with the ESL manager, therese.jones@montvale.bccls.org or email literacyvolunteerspv@gmail.com.

Adult Book Club

September 9th, 2024 at 12:00 p.m.

Library Activity Room

Monday Afternoon Book Club

The Monday Afternoon Book Club meets on the second Monday of every month at 12:00pm. This month we will be reading "The Women" by Kristin Hannah. This program will take place in the Library Activity Room.

September 9, 2024 at 7:30 p.m.

Library Activity Room

Monday Evening Book Club

The Monday Evening Book Club meets on the first Monday of every month at 7:30pm. This month we will be discussing both The Yellow Wife, by Sadeqa Johnson, and The House in the Cerulean Sea, by T.J. Klune. This program will take place in the Adult Meeting Area.

Upcoming Book Groups

August 5, 2024

7:30 p.m.

Adult Meeting Area

Monday Evening Book Club

The Monday Evening Book Club meets on the first Monday of every month at 7:30pm. This month we will be reading The House in the Cerulean Sea, by T.J. Klune. This program will take place in the Adult Meeting Area.

August 12, 2024

12:00 p.m.

Library Activity Room

Monday Afternoon Book Club

The Monday Afternoon Book Club meets on the second Monday of every month at 12:00pm. This month we will be reading House of Eve, by Sadequa Johnson. This program will take place in the Library Activity Room.

Children's Department

POP in to the Library for a new card!

The Library is going to be Poppin' this September for Get-A-Library-Card month! Come on in to the library and get your first Montvale Library card. All kids who come into the library for their first library card will earn a special treat.

Babies in the 'Brary

September 6th @ 10:30

Join us for Babies in the 'Brary where we will sing songs, rhymes, and fingerplays, all building blocks for early literacy. Babies ages 0-18 months and a grown-up are invited to join us for all this and more! Registration is required.

Yoga Storytime

September 5 & September 19 @ 11:00

Join us with Bozza Yoga Littles and enjoy creative yoga poses, movements, and storytime fun! Come, meet friends, and improve hand-eye coordination and motor skills through yoga! This class is for children aged 19 months- 4 years and is a grown-up and child program. A new registration is required for each class.

Stories & More

September 10 & September 24

Come sing, play and read with us! Children 19 months and older are invited to join us for storytime. This is a grown-up and child program. A new registration is required for each class.

eBooks and Other Online Materials

The Montvale Library subscribes to Kanopy, a streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14 digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org.

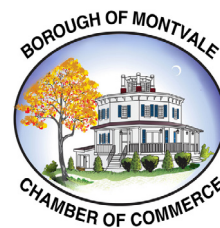
Museum Passes

Please check out our website <https://www.montvalelibrarynj.org/museum-passes> for updated information about how to obtain passes for the following museums:

Storm King, Guggenheim, the Intrepid Museum, the American Museum of Natural History and The Museum of Modern Art! Museum passes for the American Museum of Natural History and the Intrepid are provided by the Friends of the Library.

NEWSLETTER

Montvale Chamber of Commerce



JOIN THE MONTVALE CHAMBER

- Growing business through networking
- A liaison to local government
- Supporting local organizations and events
- Board meetings the 1st Wednesday of every month

Chamber Co-Presidents

Scott L. Forman, CrossCountry Mortgage
Steven Fox, Janney Montgomery Scott, LLC

Vice Presidents

Tom Davey, Davey's Locker
Tom Chapman, Tom A Chapman DMD

Secretary

Thomas Hartel, John M. Hartel Co.

Treasurer

George Varghese, Lifeline Urgent Care

Board Members

Linda Mitchell, Massage & Whole Body Health
Paul Jordan, Wegmans
R. Lorraine Hutter, Borough of Montvale
Ron Laurent, CrossCountry Mortgage
Amy Debellis, Sotheby's Real Estate
Doris Sutich, Perfect Limo

Charity
Spotlight



CrossCountry Mortgage partnered with the
Montvale Chamber to donate
150 Backpacks & Supplies
to the Triboro Food Pantry for children of our
community in need



MONTVALECHAMBER.COM

CHECK IT OUT