



The Borough of Montvale

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delivery of the
newsletter

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A look at the Community, including upcoming events, important notices, meetings, and more.



Memorial Day

The Borough of Montvale offices will be closed on Monday, May 26th in observance of Memorial Day. The Memorial Day Service will begin at Veteran's Monument Park in the center of town at 9:00am. The Tri-Boro Memorial Day Parade starts in Montvale at 10:30am, proceeding through Park Ridge and ending in Woodcliff Lake.

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season of growth, connection, and celebration.

Our dedicated teams have been working hard to plan a fantastic lineup of events and activities for all ages. From the Street Fair, Day in the Park and the fireworks show, Memorial Day Parade

The Mayor's Corner

As the days grow longer and the flowers begin to bloom, I am excited to welcome the arrival of spring and the promise of a vibrant summer - here in Montvale. Our community has always cherished this time of year — a

and summer camps - there is something for everyone to enjoy! I encourage all residents to stay connected through the borough website and social media for event updates, registration details, and volunteer opportunities. These community events wouldn't be possible without your participation and support.



Let's make the most of the beautiful seasons ahead by enjoying our town, strengthening community bonds, and making lasting memories with neighbors and friends.

Mayor Mike Ghassali

Tri Boro Food Pantry

The Tri Boro Food Pantry is very grateful for any unexpired donations especially the following item:

- Canned beans
- Canned chicken
- Deodorant

The Tri Boro Food Pantry is located in the back of the Pascack Reformed Church, 65 Pascack Road, Park Ridge. A drop off bin is also located outside the doors of the library under the stairwell at Montvale Borough Hall, 12 DePiero Drive. Thank you for your support!

Meals on Wheels North Jersey

Meals On Wheels North Jersey proudly serves delicious, nutritious meals to Montvale residents five days a week through our amazing volunteer network! If you are interested in becoming a volunteer, or know someone who could benefit from our services, please reach out online www.mealsonwheelsnorthjersey.org or by phone 201-358-0050.

Police Department

The annual National Highway Traffic Safety Association Click It or Ticket campaign will be happening from May 19th through June 1st this year. Extra Officers will be on patrol during that time to ensure that everyone is wearing their seatbelts, and driving safely. This is also the time of year when many are out walking, bicycling, and just enjoying the Spring weather. Please keep this in mind when you are out driving.

Senior Club

Monday

- Healthy Bones – 10:00am-11:15am HARP 551-996-2038 (A)
- Chair Exercises – 11:00am-12:00pm (video tape) Micki Keller -201-669-9935 Rani Moraine 201-930-8950 (TV)
- Mahjong – 1:30pm-3:30pm Kitty Stern – 201-802-0997 (A)

Tuesday

- Bocce- 10:00am-12:00pm (co-ed). Vinnie Alfano. 551-427-8213 Pat Casciano 201-307-9685
- Canasta – 1:30pm-3:00pm Anne Coyman 201-391-0454 (A)
- Tai Chi – 1:30pm-2:15pm Lisa Dent -201-391-5700-ext.251 (TV)

Wednesday

- Bocce – 10:00am-12:00pm. (co-ed). Vinnie Alfano 551-427-8143 Pat Casciano 201-307-9685
- Yoga Exercises – 11:00am-12:00pm Micki Keller 201-669-9935 Rani Mooriani 201-930-8950 (TV)
- Mexican Train/Cards 1:00pm – 3:30pm Pat Casciano 201-307-9685 Lucille Borthwick 845-649-2964 (A)

Thursday

- Savory Seniors – Thursday, May 29 11:30am-1:00pm (A)

Friday

- Bocce – 10:00am-12:00pm. (women) Pat Casciano. 201-307-9685
- Chair Exercises 11:00am-12:00pm Rani Mooriani 201-930-8950 (TV)
- Cards/Games/Rummikub 1:30pm-3:00pm Dianne Carfora 201-314-0141 (A)

Monthly Activities

- Senior Club Business Meeting – May 1 12:00pm – 2:00pm (A)
- Book Club – Thursday, May 8 12:30pm The book this month is: - 'After Annie' by Anne Quindlen Ree Hopper-201-391-7386 JoAnne Palkevich 201-573-0891 (A)
- Bingo/Pizza – Friday, May 9 5:00pm-7:00pm (\$8.00) Micki Keller 201-669-9935 Jodi Miller 551-427-4581
- Club Social – Thursday, May 15 12:00pm – 2:00 pm Mother's Day Luncheon with entertainer Anthony Duke Claus
- Gym Open – Monday-Wednesday-Friday 8:00am-12:00pm Bob Daley 201-307-0393 Werner Hahnemann 201-391-8399
- Our nurse will be visiting us on the first Monday and the first Thursday for blood pressure reading.

Senior Club

Upcoming Trips/Events

- May 14 Trip to Resorts Casino Cost is \$59.00 – this includes: food, show and \$25.00 in slot play. Dianne Carfora 201-314-0141
- Trip to Woodloch Pines June 3-6, 2025 . Any questions, contact Pat Casciano 201-307-9685
- Season's Luncheon and Dancing, Thursday, June 19 11:30am-3:30pm
- Overnight trip 9/24-26 3 days 2 nights Connecticut River Valley Trip Rosemarie Kelly. 201-391-8718
- Deposit due at May meeting – checks payable to: White Star Tours
- Overnight trip 10/29-10/31 to Lancaster, Pa. for the Sight and Sound Theater Deposit of \$100 due at business meeting. Make checks payable to White Star Tours.

Curbside Collection

28	29	30	1	2
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3 & 4	Yard Waste Pickup
5	6	7	8	9
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1 & 2	Yard Waste Pickup
12	13	14	15	16
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3 & 4	Yard Waste Pickup
19	20	21	22	23
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1 & 2	Yard Waste Pickup
26	27	28	29	30
	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3 & 4	Yard Waste Pickup
	East Zone Trash Pickup			
2	3	4	5	6
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	East Zone Trash Pickup	Central Zone Trash Pickup
			Recycling: Districts 1 & 2	Yard Waste Pickup

From the Tax Department...

Property taxes are due May 1, payments must be received on or before Monday, May 12. After May 12, interest will revert back to May 1

- For your convenience, a dropbox is located by the main entrance of the Library
- pay in person at borough hall
- make a payment online through the borough website at www.montvale.org,
- mail your payment to the Borough at 12 DePiero Drive, Attn: Tax Collector. If you would like your bill returned stamped PAID, please enclose your entire bill with payment and include a self-addressed stamped envelope.

Questions regarding the Anchor Program and Senior Freeze please call the Fair Lawn Regional Office 609-292-6400 located at 22-08 Rt 208 South, Fair Lawn, NJ

As always, if you have any questions, please call Fran Scordo, Tax Collector at (201) 391-5700 ext. 254 or email fscordo@montvaleboro.org

Montvale Public Library

Friends of the Library

Please join us for our Spring Jewelry Sale on Saturday, May 3rd from 10am- 2pm. Thank you to all of our very generous patrons who have donated beautiful necklaces, bracelets, earrings, pins, rings, watches and more. Find a gift for someone special or yourself! Great opportunity to support the library and do some Mother's Day shopping.

The Friends of the Montvale Library present-
Dining for Dollars at Davey's Pub in Montvale.

April 28, 29, 30 and May 1 (Monday - Thursday) Both lunch and dinner
Dine at Davey's during these times and they will donate 20% of the Bill to the Friends of the Montvale Library. Present coupon when paying the bill- dine in only. Coupons are available at the library circulation desk or they can be printed from the library website.

The next Friends of the Library meeting will be held on Thursday, May 1st at 7:00pm at Davey's Pub. Please email Bombace@montvale.bccls.org if you wish to attend.

Adult Programs

Please visit www.montvalelibrarynj.org/calendar to register for any of the programs listed below unless noted otherwise.

May 1, 2025 at 7:00 p.m.

Virtual Program

Gearing Up For The Summer

Join us to learn practical strategies for family nutrition and safety during the summer months, including tips on healthy eating, hydration, proper sunscreen application, and pool safety. Prepare nutritious summer meals and snacks while ensuring your children stay protected during outdoor activities.

May 5, 12, 19, 26 2025 at 7:00 p.m.

Adult Meeting Area

Knitting/Crocheting Group

Need to unwind? Join us every Monday of every month at 7:00 p.m for a relaxing knitting/crocheting group. Bring what you are working on or start on something new. This group is meant for adult patrons with knitting/crocheting experience.

May 5, 19, June, 2, 9 2025 at 7:00 p.m.

Virtual Program

Virtual Guided Meditation Series

Join us for four relaxing virtual guided meditation sessions led by certified instructor Amy Rutledge. No experience necessary. May 5, 19, June 2, 9. Register for as many sessions as you want!

May 8, 2025 at 6:30 p.m.

Library Activity Room

Paper Quilling

Try your hand at twisting up some fabulous handmade shapes of paper with special quilling tools, and turning them into unique pieces of decorative art! Great for notecards, thank you cards, and so much more! Registration is limited to twenty adults with a valid library card.

May 15, 2025 at 7:00 p.m.

Library Activity Room

History of The Hermitage

Join us for a presentation on The Hermitage Museum, a National Historic Landmark in Ho-Ho-Kus celebrated for its stunning Gothic Revival architecture and rich past. Discover 300 years of history, from Aaron Burr's betrothal to Theodosia Prevost, the woman who protected the home during the American Revolution, to a visit from George Washington.

Montvale Public Library

May 22, 2025 at 7:00 p.m.

Library Activity Room

The Village: A History of Greenwich Village

Join us on a virtual tour of Greenwich Village, which is like no other place in the city and the country! Known as the center of the counterculture movement of the 1960s, The Village is now an expensive and trendy neighborhood that still retains much of its bohemian feel. Encompassing the West Village neighborhood, Washington Square Park, and the area around New York University, with a 100-block historic district established in 1969, New York City's Greenwich Village is perhaps best known for its historic architecture and a variety of intimate cafés and restaurants.

May 29, 2025 at 7:00 p.m.

Council Chambers

One Fine Tapestry: A Carole King Tribute

Join us for a musical tribute to legendary singer/songwriter Carole King for a performance of her greatest hits, as well as songs she wrote for the Drifters, Shirelles, Chiffons, Everly Brothers, Monkees, Beatles, and more!

Adult Book Club

May 5, 2025 at 7:30 p.m.

Library Activity Room

Monday Night Book Club

The Monday Night Book Club meets on the first Monday of every month at 7:30pm. This month we will be reading *The Briar Club*, by Kate Quinn.

May 12, 2025 at 12:00 p.m.

Library Activity Room

Monday Afternoon Book Club

The Monday Afternoon Book Club meets on the second Monday of every month at 12:00pm. This month we will be reading *The Last Mrs. Parrish*, by Liv Constantine.

May 19, 2025 at 6:30 p.m.

Library Activity Room

Montvale Cookbook Supper Club

We will be discussing *What to Cook When You Don't Feel Like Cooking*, by Caroline Chambers. Registration is limited. Sign up on the Montvale Library's website.

English as a Second Language

The Montvale Public Library is a member of the Literacy Volunteers of Pascack Valley which provides ESL (English as a second language) classes for residents of our town. Through this program, students can take classes in person or virtually, taught by trained ESL teachers. Group Classes are going on now. There is currently a wait list for one on one tutors.

If you have any questions or would like to become a student or a tutor, please inquire with the ESL manager, therese.jones@montvale.bccls.org or email literacyvolunteerspv@gmail.com.

Children's Department

Crafty Tales with the PHHS Future Educators

MAY 1ST @ 4:00 PM

THE PHHS FUTURE EDUCATORS are back with some awesome stories and crafts. Ages 4 and older are welcome. Join us! Registration is required.

Montvale Public Library

Babies in the 'Brary Friday

Friday, May 2nd @ 10:30

Join us for Babies in the 'Brary where we will sing songs, rhymes, and fingerplays, all building blocks for early literacy. Babies ages 0-18 months and a grown-up are invited to join us for all this and more! Registration is required.

Baby & Me Yoga

Thursday, May 8th and May 22nd @ 10:30

Join us with Bozza Yoga Littles and enjoy creative yoga poses, movements, and fun! Come, meet friends, and improve hand-eye coordination and motor skills through yoga! This class is for children aged 6 mths- 4 years and is a grown-up and child program. A new registration is required for each class

Sensory Stories

Thursday, May 29th @ 10:30AM

Let your little ones' imaginations run wild at this sensory storytime with engaging stories, and opportunities to touch, feel, and explore different textures and materials. This session is perfect for toddlers, helps develop motor skills, and introduces the joy of reading through hands-on interaction. Ages 19 mths and older.

Zumbini

Tuesday, May 6th @ 10:30AM

Zumbini is a music and movement class for children 6 mths-4. Led by Tina of Zubini Time, children can enjoy rhythm and dance while building their social, motor, and cognitive skills. This is a grown-up and child program. Registration is required

Musical Munchkins

Tuesday, May 13th @ 10:30AM

Musical Munchkins is a music program complete with engaging songs, fingerplays and interactives. Led by experienced teachers, their approach blends melody and movement to nurture creativity, teach music fundamentals, and foster a lifelong love for music. This is a grown-up and child program for ages 0-4. Registration is required.

Mr. Corbitt's Musical Storytime

Tuesday, May 20th @ 10:30AM

Mr. Corbitt is back with engaging musical storytime. Mr. Corbitt brings his vast musical background and love for teaching and working with children together for this energetic and enriching storytime/singalong for parents and children alike. This class is best suited for 6mths - 4 Registration is required.

Pet Partners

Wednesday, MAY 28th @ 4:00PM

Come and read to a trained therapy dog at Montvale Library! Children can practice their reading skills and bolster their self-confidence by reading aloud to some great listeners. These therapy dogs are "all ears" when it comes to listening to stories. Registration is required for each reader and each reading session is 1:1 and 10 minutes long. This is for ages 8 years and older.

Please plan to arrive 10 minutes prior to your reading time so you have time to get settled and choose a book. If you are not present for your time slot we cannot guarantee your child will get their turn.

Museum Passes

Please check out our website <https://www.montvalelibrarynj.org/museum-passes> for updated information about how to obtain passes for the following museums:

Storm King, Guggenheim, the Intrepid Museum, the American Museum of Natural History and The Museum of Modern Art! Museum passes for the American Museum of Natural History and the Intrepid are provided by the Friends of the Library.

Homeowner Repair Program

DOES YOUR HOME NEED REPAIRS? The Borough invites you to apply to the Montvale HOME IMPROVEMENT PROGRAM

If you live in Montvale, own your home, and your total gross annual household income falls below the income limit for your household size, you may qualify to participate in the program.

- ☑ There is **no cost to apply** and it does not affect your credit score.
- ☑ Funds are provided as a **no interest** (0%) ten-year forgivable loan.
- ☑ A **professional inspector** oversees the process.
- ☑ There is **no monthly payment**.

You can receive
up to **\$20,000**
in repairs!

(income limits updated annually)

ELIGIBLE USES OF FUNDS INCLUDE

- Roofs
- Foundations
- Heating
- Electrical
- Windows
- Insulation
- Plumbing
- and more!

Household size	1	2	3	4
Maximum Income	\$67,431	\$77,064	\$86,697	\$96,329
Household size	5	6	7	8
Maximum Income	\$104,036	\$111,742	\$119,449	\$127,155



This program is
sponsored by the
Borough of Montvale



Scan the QR-Code & easily submit your preliminary application online!

**FIRST COME, FIRST SERVED
TAKE THE FIRST STEP!**

www.hip.cgph.net



If you have additional questions, or if you do not have internet access,
please contact a Program Representative at (609) 664-2769 ext. 9.

Early Voting - 2025 Primary

VOTE EARLY IN THE 2025 PRIMARY ELECTION!



AVOID THE CROWDS ON JUNE 10TH, PRIMARY ELECTION DAY



If you are a registered Bergen County voter,
you can vote early in person at any of
Bergen County's 9 Early Voting Locations

EARLY VOTING LOCATIONS ARE OPEN:

Tuesday, June 3, 2025 through Sunday, June 8, 2025

HOURS:

Monday through Saturday: 10AM -8PM

Sunday: 10AM -6PM

EARLY VOTING LOCATIONS

Fort Lee:	Jack Alter Community Center, 1355 Inwood Terrace
Garfield:	Nutrition Center/Senior Citizens Building 480 Midland Avenue
Hackensack:	One Bergen County Plaza, 5th floor Commissioner's Public Meeting Room
Paramus:	Bergen Community College, 400 Paramus Road West Gallery Hall
River Vale:	River Vale Community Center, 628 River Vale Road
Teaneck:	Richard Rodda Center, 250 Colonial Court
Wood-Ridge:	Wood-Ridge Senior Center, 495 Highland Avenue
Woodcliff Lake:	Tice Senior Center, 411 Chestnut Ridge Road
Wyckoff:	Public Library, The Shotmeyer Room 200 Woodland Avenue



Early Voting Ballot Drop Locations

BALLOT DROP BOX LOCATIONS

BERGENFIELD

Behind Borough Hall
198 N. Washington Ave.

CARLSTADT

Borough Hall
500 Madison St.

DEMAREST

Borough Hall
118 Serpentine Rd.

DUMONT

Right Side Of Library
180 Washington Ave.

ENGLEWOOD

City Hall
2-10 North Van Brunt St.

EMERSON

Borough Hall
1 Municipal Place

FAIR LAWN

Behind Borough Hall
8-01 Fair Lawn Ave.

FAIRVIEW

Library
213 Anderson Ave.

FORT LEE

Jack Alter Community Center
1355 Inwood Terr./Anderson Ave.
/Circular Dr.

FRANKLIN LAKES

Borough Hall
480 Dekorte Dr.

GARFIELD

Behind City Hall
111 Outwater Lane

HACKENSACK

County Administration Building Parking Lot
One Bergen County Plaza

HASBROUCK HEIGHTS

Behind Borough Hall
320 Boulevard

HILLSDALE

Borough Hall Parking Lot
380 Hillsdale Ave.

LODI

Library
1 Memorial Dr.

MAHWAH

Library
100 Ridge Rd.

NORTH ARLINGTON

Borough Hall
214 Ridge Rd.

NORWOOD

Borough Hall
455 Broadway

OAKLAND

Borough Hall, Across From Library
One Municipal Plaza

OLD TAPPAN

Borough Hall
227 Old Tappan Rd.

PARAMUS

Borough Hall
1 Jockish Square

RAMSEY

Behind Library
30 Wyckoff Ave.

RIDGEWOOD

Village Hall
131 N. Maple Ave.

RIDGEFIELD

Community Center
725 Slocum Ave.

RIVER VALE

Borough Hall
406 Rivervale Rd.

RUTHERFORD

Borough Hall
176 Park Ave.

SADDLE BROOK

Library (Congress St. Parking Lot)
340 Mayhill St.

TEANECK

Municipal Building, (N. Entrance)
818 Teaneck Rd.

WASHINGTON TWP

Town Hall
350 Hudson Ave.

WALDWICK

Behind Municipal Building
15 East Prospect St.

WESTWOOD

Community Center
55 Jefferson Ave.

WYCKOFF

Municipal Building
340 Franklin Ave.

QUESTIONS

FOR QUESTIONS ABOUT YOUR VOTE-BY-MAIL BALLOT, please contact the BERGEN COUNTY CLERK'S ELECTIONS DIVISION at electionsclerk@co.bergen.nj.us OR (201) 336-7020

FOR QUESTIONS ABOUT YOUR POLLING PLACE, OR LOCATIONS OF SECURE DROP BOXES, please contact the BERGEN COUNTY BOARD OF ELECTIONS at elections@co.bergen.nj.us OR (201) 336-6230

FOR QUESTIONS ABOUT VOTER REGISTRATION, OR TO REPORT A POTENTIAL ELECTION VIOLATION, please contact the OFFICE OF THE BERGEN COUNTY SUPERINTENDENT OF ELECTIONS at soe@co.bergen.nj.us OR (201) 336-6109

TO TRACK YOUR VOTE-BY-MAIL BALLOT, LOCATE YOUR POLLING LOCATION or SECURE BALLOT DROP BOXES, or CHECK THE STATUS OF YOUR VOTER REGISTRATION, please visit njelections.org

Primary Election 2025

Important Election Dates

APRIL 16

Party Affiliation Deadline

APRIL 19

Mailing of Vote-By-Mail Ballots Begins

MAY 20

VOTER REGISTRATION DEADLINE

JUNE 3

Deadline to Apply for Mail-In Ballot
by Mail

JUNE 6

Deadline Mail-In Ballot for Overseas/Military

JUNE 3 - JUNE 8

EARLY VOTING PERIOD

JUNE 9- 3:00 PM

Deadline for In-Person Mail-in
Ballot Applications

JUNE 10

PRIMARY ELECTION



Montvale Recreation Summer Camp 2025

June 23 – July 18 (No Camp on July 4)

Monday – Friday 9:30AM – 2:30PM

Resident Fee: \$500 per child for all 4 weeks.

Rec Camp is offered to children entering
grades 1-5 in September 2025

Registration opens March 3 and closes on April 3. Please know that in years past many, if not all age groups have typically filled up prior to registration closing. Please register early to guarantee your camper's spot. Registration fees are non-refundable unless a medical note from a doctor can be provided or there is a waitlist for your child's group.

Registration: montvalerecreation.org

Adventure Camp 2025

June 23 – July 18 (No Camp on July 4)

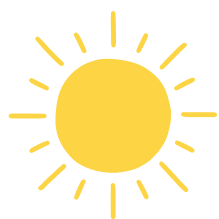
Monday – Friday 9:00AM – 2:30PM

Resident Fee is \$650 per child for all 4 weeks.

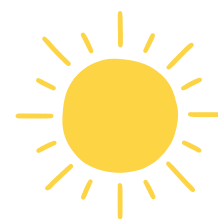
Adventure Camp is offered to children entering grades
6-7 in September 2025

Registration opens March 4 at 7:30PM. Please know that in years past many, if not all age groups have typically filled up shortly after registration begins. Please register early to guarantee your camper's spot. Registration fees are non-refundable unless a medical note from a doctor can be provided or there is a waitlist for your child's group.

Registration: montvalerecreation.org



Camp Counselors



Summer Rec and Adventure Camp counselor applications are now available! Applications can be printed by going to montvalerecreation.org/camp or picked up at Borough Hall which is located at 12 DePiero Drive. All applications are due back by March 3. Please email applications to MontvaleRecreation@montvaleboro.org or drop them off to Borough Hall, Attn: Recreation.

To be considered for any counselor position, applicants must be in at least 8th grade for the current 2024-2025 school year. Group Leader applicants must be at least 18 years old.

Summer Camp

Counselor Hours: 9:00am-2:45pm
Mandatory Training: Thursday, June 12 5:00-7:00pm
New Counselor Interviews: March 13, 5:00pm-7:00pm

Adventure Camp

Counselor Hours: 8:30am-2:45pm
Mandatory Training: June 16 5:00-7:00pm
New Counselor Interviews: March 8, 9:00am-11:00am

After submitting an application, all new applicants will need to be interviewed. If Adventure Camp is marked as first preference on the application, then the applicant must attend the Adventure Camp interview session instead.

Returning counselors were emailed an application packet with instructions on how to reapply. If any returning counselor did not receive a packet by February 1, please email Mrs. Loranger, MontvaleRecreation@montvaleboro.org

FISH WITH A FIRST RESPONDER



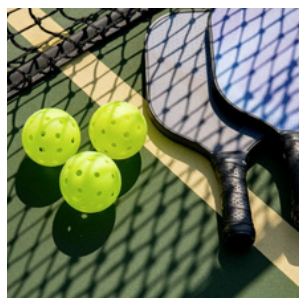
SATURDAY, MAY 17
9:00AM-12:00PM

RAIN DATE: SUNDAY, MAY 18

Huff Park Pond | 1 Memorial Drive

Brought to you by the Special Events Committee

montvalerecreation.org



Pickleball Lessons

6 weeks of pickleball lessons with TGA! Participants will learn rules and etiquette, practice skill fundamentals, explore academic concepts through gameplay and our youth participants will learn lessons on sportsmanship, perseverance and leadership. All equipment is provided. All ages and skill levels are welcome! All coaches are trained and vetted.

Montvale Pickleball Courts: 1 Memorial Drive.

Resident Fee: \$120 Non-Resident Fee: \$140

Registration: montvalerecreation.org (advanced registration required)

<u>Day of the Week</u>	<u>Age/Level of Play</u>	<u>Dates</u>	<u>Time</u>
Sundays	Adult Beginner	April 27 May 4, 11, 18 June 1, 8	10:00-11:00am
Sundays	Grades 2-5	April 27 May 4, 11, 18 June 1, 8	11:00am-12:00pm
Thursdays	Adult Intermediate	May 1, 8, 15, 22 and 29 June 5	5:30-6:30pm
Thursdays	Adult Advanced	May 1, 8, 15, 22 and 29 June 5	6:30-7:30pm



Tennis Lessons

TGA brings you tennis lessons for all ages and skill levels! Join this 6-week program to learn how to play, sharpen your skills or learn new strategies of play! All classes are 1 hour in length and all equipment is provided. For more information contact Christine Kostianis ckostianis@playtga.com or (917) 304-3986.

Montvale Tennis Courts: 1 Memorial Drive

Resident Fee: \$120

Non-Resident Fee: \$140

Registration: montvalerecreation.org (advanced registration required)

Day of the Week	Age	Dates	Time
Tuesdays	Grades K-2	April 29 May 6, 13, 20 June 3, 10	4:30-5:30pm
Tuesdays	Grades 3-6	April 29 May 6, 13, 20 June 3, 10	5:30-6:30pm
Saturdays	Grades 2-4	April 26 May 3, 10, 17, 31 June 7	12:00-1:00pm
Saturdays	Grades 5-8	April 26 May 3, 10, 17, 31 June 7	1:00-2:00pm
Saturdays	Adults	April 26 May 3, 10, 17, 31 June 7	2:00-3:00pm

Montvale Recreation

Golf Lessons

Come tee it up with TGA Premier Golf- we bring the golf course to you! Beginner and intermediate players will have a blast building their golf skills, learning about the rules and etiquette of the game, and exploring how academic concepts like gravity, spin, and force apply to golf through fun games and activities. We provide all the equipment! For more information contact: Kevin Rooney krooney@playtga.com or (201) 375-7406.

Montvale Field Near Tennis Courts: 1 Memorial Drive

Resident Fee: \$120 Non-Resident Fee: \$150

Registration: montvalerecreation.org (advanced registration required)



Golf Lesson Schedule

Day of the Week	Age	Dates	Time
Mondays	Grades 1-3	April 28 May 5, 12, 19 June 2, 9	5:00-6:00pm
Mondays	Grades 4-8	April 28 May 5, 12, 19 June 2, 9	6:00-7:00pm

Adult Yoga

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Montvale Community Center: 1 Memorial Drive

Mondays at 7:00pm beginning February 24

Resident Fee for each 4 week session: \$40

Non-Resident Fee: \$50



30+ Basketball



This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball. Play occurs in the gymnasium at Memorial Elementary School. Parking is located on Memorial Drive and participants should enter through the side community entrance. Registration is open and ongoing throughout the season. The fee covers the entire season.

Memorial School Gymnasium: 59 W Grand Ave
Mondays 8:00 -10:00 pm
September 16 – June 16
Resident Fee: \$75
Non-Resident: \$95
Registration: Go to MontvaleRecreation.org

Tai Chi

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax.

Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...



Montvale Senior/Community Center: 1 Memorial Drive

Resident Fee: \$80

Non-Resident Fee: \$100

Montvale Senior Club Discount: \$40

Registration: Go to montvalerecreation.org

Montvale Recreation



The Way

“The Way - The Art of Life,” is the art of Self-Defense and Wisdom Living (THE WAY FOUNDATION INC). It is the training of the Body, Soul, and Spirit for self-defense in the unarmed combat and daily healthy growth.

We know of some of the widely known Martial Arts and how each is referenced with the country where they originated. Karate - Japan Kung Fu - China TaeKwon-Do - Korea The Way - The Art of Life - USA (Montvale, NJ)

Grow, get fit and learn to be disciplined while using the following attributes and tenets of THE WAY: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control. The Way meets twice per week for 8 weeks.

Tuesdays and Thursdays Beginning April 24

6:00-7:00pm Kindergarten - Grade 4

7:00-8:00pm Grades 5 - 8

8:00-9:00pm High School and Adults

Montvale Senior/Community Center: 1 Memorial Drive

Resident Fee: \$120

Non-Resident Fee: \$180

Registration: Go to montvalerecreation.org (advanced registration required)

Adult Volleyball

Pick-up style play open to all skill levels, ages 18 and up. Volleyballs are provided for all those who attend. Up to 2 games at once.

Memorial School Gymnasium : 53 W Grand Ave

Tuesdays 8:00pm-10:00pm January 14 - June 17

Resident Fee: \$240

Non-Resident Fee: \$260

Registration: Go to montvalerecreation.org



Field, Court and Facility Reservations



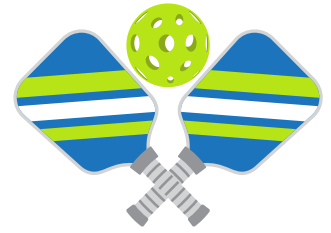
Looking to reserve fields, courts or parks in Montvale? Don't forget to get a permit first! Apply by going to montvalerecreation.org and submitting an application through Community Pass.

An application must be approved prior to any organized use of a field, court or facility.

Applications for Spring 2025 use of the FIELDS must be submitted between January 1 and February 1.



Pickleball Court Badges



Badges must be obtained prior to the use of the pickleball courts located at 1 Memorial Drive. Each year, residents and non-residents must renew their badges for the calendar year, January-December. Badges for the 2025 season will be available for purchase beginning January 2 at Borough Hall located at 12 DePiero Drive. Borough Hall is open Monday-Wednesday 8:00am-4:00pm, Thursday 8:00am-6:00pm and Friday 8:00am-12:00pm.

Payment methods accepted at Borough Hall include cash or check. For credit card payments, please utilize montvalerecreation.org to register for a badge or renewal sticker through Community Pass. When registering online, badges and renewal stickers still need to be picked up at Borough Hall. If you are not able to do so within operating hours, please email MontvaleRecreation@montvaleboro.org to make alternative arrangements.

Residents		Non-Residents	
Adult (18-61)	\$30	Adult (18-61)	\$100
Child (17 and younger)	\$10	Child (17 and younger)	\$30
Senior Citizens (62 and older)	\$15	Senior Citizens (62 and older)	\$100
Replacement Badge (1 per year max)	\$10	Replacement Badge (1 per year max)	\$10



Tennis Court Badges



Badges must be obtained prior to the use of the tennis courts located at 1 Memorial Drive and 159 Chestnut Ridge Road. Each year, residents and non-residents must renew their badges for the calendar year, January-December. Badges for the 2025 season will be available for purchase beginning January 2 at Borough Hall located at 12 DePiero Drive. Borough Hall is open Monday-Wednesday 8:00am-4:00pm, Thursday 8:00am-6:00pm and Friday 8:00am-12:00pm.

Payment methods accepted at Borough Hall include cash or check. For credit card payments, please utilize montvalerecreation.org to register for a badge through Community Pass. When registering online, badges still need to be picked up at Borough Hall. Questions? Email

MontvaleRecreation@montvaleboro.org

New in 2025, tennis badge registrants will receive an identifying badge rather than an access control badge to the courts. The tennis gates will not be locked at any time, but court users must be able to present a current year's badge validating that they are a current badge holder when asked by a representative of the recreation dept. The Rec Dept has moved to an identifying badge in order to alleviate continued technical issues surrounding the access control system at the tennis gate entrance. Please note that regardless of having a badge in 2024 or prior, online registrants must come into Borough Hall to pickup their new 2025 badge. If you are not able to do so within operating hours, please email MontvaleRecreation@montvaleboro.org to make alternative arrangements.

Residents		Non-Residents	
Adult (18-61)	\$30	Adult (18-61)	\$60
Child (17 and younger)	\$10	Child (17 and younger)	\$20
Senior Citizens (62 and older)	\$15	Senior Citizens (62 and older)	\$30
Replacement Badge (1 per year max)	\$10	Replacement Badge (1 per year max)	\$10



Basketball Court Badges



Badges must be obtained prior to the use of the basketball courts located at 1 Memorial Drive. Each year, residents and non-residents must renew their badges for the calendar year, January-December. Badges for the 2025 season will be available for purchase beginning January 2 at Borough Hall located at 12 DePiero Drive. Borough Hall is open Monday-Wednesday 8:00am-4:00pm, Thursday 8:00am-6:00pm and Friday 8:00am-12:00pm.

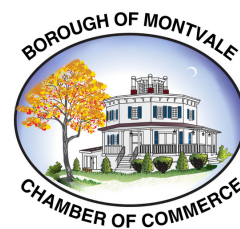
Payment methods accepted at Borough Hall include cash or check. For credit card payments, please utilize montvalerecreation.org to register for a badge or renewal through Community Pass. When registering online, badges and renewal stickers still need to be picked up at Borough Hall.

Questions? Email MontvaleRecreation@montvaleboro.org

Residents		Non-Residents	
Adult (18-61)	Free	Adult (18-61)	\$25
Child (17 and younger)	Free	Child (17 and younger)	\$15
Senior Citizens (62 and older)	Free	Senior Citizens (62 and older)	\$10
Replacement Badge (1 per year max)	\$5	Replacement Badge (1 per year max)	\$5

NEWSLETTER

Montvale Chamber of Commerce



JOIN THE MONTVALE CHAMBER

- Growing business through networking
- A liaison to local government
- Supporting local organizations and events
- Board meetings the 1st Wednesday of every month

Chamber Co-Presidents

Scott L. Forman, CrossCountry Mortgage
Steven Fox, Janney Montgomery Scott, LLC

Vice Presidents

Tom Davey, Davey's Locker
Tom Chapman, Tom A Chapman DMD

Secretary

Thomas Hartel, John M. Hartel Co.

Treasurer

George Varghese, Lifeline Urgent Care

Board Members

Julia Avato, Business Development
Paul Jordan, Wegmans
R. Lorraine Hutter, Borough of Montvale
Ron Laurent, CrossCountry Mortgage
Amy Debellis, Sotheby's Real Estate
Doris Sutich, Perfect Limo

HOSTED BY: THE MONTVALE CHAMBER OF COMMERCE &
THE MONTVALE ECONOMIC DEVELOPMENT COMMITTEE

JOB FAIR CAREER EXPO

Linking the best employers to the best talent.

DATE Tuesday, May 20th
TIME 10:00 AM - 2:00 PM
LOCATION 1 Memorial Drive, Montvale

MEET EMPLOYERS | FIND JOB LEADS | NETWORK WITH BUSINESSES

All Welcome! Community Venue!

CONTACT US  julia.avato@ccm.com  201.930.0300

2025 MONTVALE CHAMBER OF COMMERCE

Street Fair

Sunday, June 8th

Sponsorships are now available!

Email Julia.Avato@ccm.com to become a sponsor

MONTVALECHAMBER.COM

CHECK IT OUT 