



The Borough of Montvale

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newsletter

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A look at the Community, including upcoming events, important notices, meetings, and more.



Election Day 11/4/2025

Election Day is Tuesday, November 4th. Polls will be open from 6:00am until 8:00pm. All voting districts will be at the Senior Center on Memorial Drive.

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18 was a tremendous success! It was wonderful to see so many residents and families enjoying the day — from hayrides and farm animals to apple cider, pumpkins, and good company. The event truly captured Montvale's small-town charm and our shared commitment to preserving open space and celebrating our local heritage. My sincere thanks to everyone who helped organize and participated — especially our DPW, Recreation Department, and volunteers who made it all possible.

Halloween is just around the corner, and excitement is building. As our little ghosts and goblins get ready to head out trick-or-treating, please remember to drive carefully and stay alert in our neighborhoods. The Recreation Department has planned some fun activities for the season — keep an eye out for updates on the Borough's

The Mayor's Corner

website and social media. Let's make it a fun and safe Halloween for everyone!

Many of you are aware that Montvale, along with several other towns across New Jersey, continues to face legal challenges related to affordable housing. The Borough was recently sued by the Fair Share Housing Center. While we remain committed to doing our fair share, we strongly believe their demands are unreasonable and would negatively impact the character and infrastructure of our community. The Borough Council and I have decided that Montvale will appeal the recent court decision. We will continue to fight for responsible planning and for the right of our residents to have a voice in shaping the future of our town.

Thank you, as always, for your continued support and involvement. Montvale remains strong because of our engaged and caring residents. Wishing everyone a safe and enjoyable holiday season!

Mayor Mike Ghassali



Property Maintenance

As we approach the end of Fall, I would like to remind all residents that it is their responsibility to make sure that leaves are not left in the streets to be picked up by your landscape contractor at some future date. Your landscaper is responsible to pick up leaves that are blown into the roadway. They cannot be leftover night. The homeowner is responsible to manage their landscapers and leaf pickup.

These leaves get washed into storm drains and require a lot of DPW time and money to clean out. This also assures that storm water systems operate properly when we have heavy rains during this time. Once the snow starts to fall, please be reminded that it is the responsibility of the property owner to remove ice and snow from all sidewalks that front on all sides of your property. Sidewalks must remain passable at all times. While I know this can be a frustrating endeavor as plows go by and plow in what was just shoveled, it is important to remember that roadways are the priority in order for emergency vehicles to move about town.

Removal of snow soon after a snowfall will reduce the potential for it to turn to ice and be more difficult to remove later on. By doing so, we will be able to provide safe and passable sidewalks during the upcoming winter. I thank everybody in advance for their efforts and cooperation.

From the Tax Department

Property taxes are due November 1, payments must be received on or before Monday, November 10. After November 10, interest will revert back to November 1.

- For your convenience, a dropbox is located by the main entrance of the Library
- Pay in person at borough hall
- Make a payment online through the borough website at www.montvale.org,
- Mail your payment to the Borough at 12 DePiero Drive, Attn: Tax Collector.

If you would like your bill returned stamped PAID, please enclose your entire bill with payment and include a self-addressed stamped envelope.

As always, if you have any questions, please call Fran Scordo, Tax Collector at (201) 391-5700 ext. 254 or email fscordo@montvaleboro.org.

Fire Prevention

As we approach Thanksgiving, please follow these fire safety tips.

1. Make sure your oven is clean before preparing your Thanksgiving Day feast.
2. If you plan on frying your turkey, please make sure the oil will not over flow. Keep the fryer 15 feet from your home and off the deck if applicable. The propane connections must be in good shape and have the tank secure from falling. Have a dry chemical fire extinguisher available.
3. If you are planning to have candles lit, make sure they are contained and are away from all combustible material.
4. Check all smoke detectors and carbon monoxide detectors.
5. If you have an EMERGENCY DO NOT HESITATE to dial 911!

If you have any questions, please feel free to call The Montvale Fire Prevention Department at 201-391-5700 extensions 258 or 256.

Have a Happy Thanksgiving and stay safe!

Curbside Collection

Mon	Tue	Wed	Thu	Fri
27	28	29	30	31
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3 & 4	Leaf Pickup
3	4	5	6	7
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1 & 2	Leaf Pickup
10	11	12	13	14
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3 & 4	Leaf Pickup
17	18	19	20	21
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1 & 2	Leaf Pickup
24	25	26	27	28
East Zone Trash Pickup	Central Zone Trash Pickup	Recycling: Districts 3 & 4 West Zone Trash Pickup		Leaf Pickup
1	2	3	4	5
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1 & 2	Leaf Pickup

Montvale Senior Club

Monday

Healthy Bones – 10:00am-11:15am HARP 551-996-2038 (A)

Chair Exercises – 11:00am-12:00pm (video tape) Micki Keller -201-669-9935 Rani Mooriani 201-930-8950 (TV)

Mahjong – 1:30pm-3:30pm Kitty Stern – 201-802-0997 (A)

Tuesday

Bocce- 10:00am-12:00pm (co-ed). Vinnie Alfano. 551-427-8213 Pat Casciano 201-307-9685

Canasta – 1:30pm-3:00pm Anne Coyman 201-391-0454 (A)

Tai Chi – 1:30pm-2:15pm Lisa Dent -201-391-5700-ext.251 (TV)

Wednesday

Bocce – 10:00am-12:00pm. (co-ed). Vinnie Alfano 551-427-8143 Pat Casciano 201-307-9685

Yoga Exercises – 11:00am-12:00pm Micki Keller 201-669-9935 Rani Mooriani 201-930-8950 (TV)

Mexican Train/Cards 1:00pm – 3:30pm Pat Casciano 201-307-9685 Lucille Borthwick 845-649-2964 (A)

Friday

Bocce – 10:00am-12:00pm. (women) Pat Casciano. 201-307-9685

Chair Exercises 11:00am-12:00pm Rani Mooriani 201-930-8950 (TV)

Cards/Games/Rummikub 1:30pm-3:00pm Dianne Carfora 201-314-0141 (A)

Monthly Activities

Senior Club Business Meeting – November 6 12:00pm – 2:00pm (A).

Book Club – Thursday, November 13 12:30pm The book this month is: - 'The Briar Club, by Kate Quinn Ree Hopper-201-391-7386 Jane Green. 201-248-4240 (A)

Bingo / Pizza – Friday, November 14 5:00pm – 7:00pm (\$8.00) Micki Keller 201-669-9935 Jodi Miller 551-427-4581 (A)

Montvale Senior Club

Monthly Activities

Senior Club Social -November 20 Thanksgiving Dinner co-sponsored with the Montvale Police Dept.
Gym Open – Monday -Wednesday-Friday 8:00am-12:00pm Bob Daley 201-307-0393 Werner Hahnemann 201-391-8399
Our nurse will be visiting us on the first Monday and the first Thursday for blood pressure reading

Upcoming Trips/Event

November 5 Resorts World Catskill Casino Trip – Trip includes \$30.00 slot, lunch and show. The price is \$59.00 pp. Seats still available. Bring check made out to Montvale Senior Club to Dianne Carfora at the business meeting.

June 2-5 Trip to Woodlock Pines. Pat Casciano 201-307-9685

June 20-26 Norwegian Cruise Line on the Norwegian Aqua. Rosemarie Kelly 201-391-8718

Montvale Public Library

Friends of the Library

The Friends of the Library will meet on Thursday, November 6th at 7:00pm. The meeting will be held at Davey's in Montvale because of our Dining for Dollars Fundraiser that will be going on the first week of November. Please email Bombace@montvale.bccls.org if you have any questions.

Adult Programs

Please visit www.montvalelibrarynj.org/calendar to register for any of the programs listed below unless noted otherwise.

Tuesday, November 4, 2025 at 7:00 p.m.

Library Activity Room

Borscht Belt Artifacts

Explore the history of the Borscht Belt, the famed Catskills resort region that blended culture, cuisine, and comedy into a uniquely American story. Using artifacts such as menus, matchbooks, and hotel silverware, this lecture reveals the rich legacy of Jewish life and leisure that flourished in the mountains—and the remnants that keep its memory alive today.

Thursday, November 6, 2025 at 7:00 p.m.

Virtual Program/Valley Hospital

Physiatry Solutions for Arthritis and Pain

Join us for an informative session on how physiatry – also known as physical medicine and rehabilitation – offers effective, non-surgical treatments to help you manage pain, improve mobility, and enhance your quality of life. Learn about innovative therapies, lifestyle modifications, and personalized approaches to reduce discomfort and restore function. This is a virtual program run by Valley Hospital in partnership with the Montvale Library.

Thursday, November 13, 2025 at 7:00 p.m.

Library Activity Room

Navigating Medicare

Feeling overwhelmed by Medicare? Whether you're approaching 65 or already enrolled in Medicare or Medicare Advantage, this presentation is for you! Get clear, reliable information and have your questions answered by the experts at Bergen County's State Health Insurance Assistance Program (SHIP), offering free, personalized guidance to help you navigate your health insurance options with confidence.

Thursday, November 13, 2025 at 7:00 p.m.

Virtual Program/Valley Hospital

Just for Girls

Moms and daughters (ages 9–12) hear about the exciting changes to expect in a young girl's body. This program provides clear, age-appropriate information to help families prepare for this important stage. This is a virtual program run by Valley Hospital in partnership with the Montvale Library.

Montvale Public Library

Adult Programs

Monday, November 17, 2025 at 6:30 p.m.

Library Activity Room

Montvale Cookbook Supper Club - Cookbook Release Party

The members of the Cookbook Supper Club have just completed their first cookbook! Please join us to sample some delicious treats straight from their first publication. Copies will be available for \$15- cash only please. All proceeds will fund future cooking/ food related programming at the Montvale Public.

Thursday, November 20, 2025 at 7:00 p.m.

Virtual Program

Famous Self-Portraits

Self-portraits can be traced back to ancient times, but they became most prevalent during the early Renaissance. This lecture explores famous artists' self-portraits and considers what they reveal about the time in which the artists lived, the styles they painted in, and—most importantly—how they viewed themselves. A Zoom link will be sent out on the day of the event.

Adult Book Club

Monday, November 3, 2025 at 7:30 p.m.

Library Activity Room

Monday Night Book Club

The Monday Night Book Club meets on the first Monday of every month at 7:30pm. We will be discussing *When the Jessamine Grows*. This program will take place in the Library Activity Room.

Monday, November 10, 2025 at 12:00 p.m.

Library Activity Room

Monday Afternoon Book Club

The Monday Afternoon Book Club meets on the second Monday of every month at 12:00pm. This month we will be reading *Verity* by Colleen Hoover.

English as a Second Language

The Montvale Public Library is a member of the Literacy Volunteers of Pascack Valley which provides ESL (English as a second language) classes for residents of our town. Through this program, students can take classes in person or virtually, taught by trained ESL teachers. Group Classes are going on now. There is currently a wait list for one on one tutors.

If you have any questions or would like to become a student or a tutor, please inquire with the ESL manager, therese.jones@montvale.bccls.org or email literacyvolunteerspv@gmail.com.

Children's Department

Zumbini

Tuesday, November 4 @ 10:30am

Zumbini is a music and movement class for children 6 mths-4 years. Led by Tina of Zubini Time, children can enjoy rhythm and dance while building their social, motor, and cognitive skills. This is a grown-up and child program. Registration is required

Baby and Me Yoga

Thursday, November 13th @ 10:30am

Join us with Bozza Yoga and enjoy creative yoga poses, movements, and fun! Come, meet friends, and improve hand-eye coordination and motor skills through yoga! This class is for children aged 6 mths- 4 years and is a grown-up and child program. A new registration is required for each class

Montvale Public Library

Children's Department

Musical Storytime with Mr. Corbitt

Tuesday, November 18 @ 10:30am

Mr. Corbitt is back with engaging musical storytime. Mr. Corbitt brings his vast musical background and love for teaching and working with children together for this energetic and enriching storytime/singalong for parents and children alike. This class is best suited for 6 mths - 4 Registration is required.

Sensory Storytime

Thursday, November 20th @ 10:30 am

Let your little ones' imaginations run wild at this sensory storytime with engaging stories, and opportunities to touch, feel, and explore different textures and materials. This session is perfect for toddlers, helps develop motor skills, and introduces the joy of reading through hands-on interaction. Ages 19 mths and older. Registration is required for each class.

Afternoon Fun

Cooking with Food Explorers Program-

Monday November 3rd @ 4:30 pm

Who wants to do some cooking? Food Explorers will be here to guide you through a journey of new foods and flavors, making a yummy treat! Get ready to measure, stir, and create! This program is for those 7 years and older. Space is limited and registration is required.

Build-A- Bot Workshop

Wednesday, November 5th @ 4:00 pm

Hosted by Brooklyn Robot Foundry - Upper Bergen County, this hands-on STEAM/Robotics class brings science and engineering concepts to life. Children will build interactive robots that can roll, light up, or vibrate - each project is built from scratch, decorated, and taken home for continued fun and learning. Guided by trained teachers, kids explore real electronics and hardware in a creative, engaging, and educational environment. Ages 8 and older Registration is required

Canvas Creations with The Studio

Wednesday, Nov. 12 @ 4:00 pm

Let the painting begin! The Studio will be here with a colorful painting program. Kids will explore using fun techniques and bright, bold colors on their own masterpiece to take home and proudly display. Ages 8 and older. Registration is required.

Thanksgiving Stories & Crafts with the PHHS Future Educators

Wednesday, Nov. 19 @ 4:00 PM

THE PHHS FUTURE EDUCATORS are back with some awesome stories and crafts. Ages 4 and older are welcome. Join us! Registration is required

eBooks and Other Online Materials

The Montvale Library subscribes to Kanopy, a streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14 digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org.

THE FRIENDS OF THE MONTVALE
PUBLIC LIBRARY PRESENT

DINING FOR DOLLARS

A fundraiser for the Montvale Public Library

DAVEY'S

5 PARK STREET, MONTVALE, NJ 07645

WWW.DAVEYSPUB.COM

November 3rd - 6th
(Monday - Thursday)
Both lunch and dinner

**Dine-in at Davey's during these times and
they will donate 25% of the bill to the
Friends of the Montvale Public Library!**

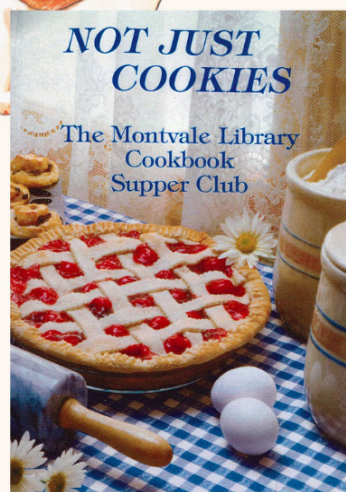
**Print this flyer or pick up a coupon at the
Circulation desk and present either at Davey's
when paying the bill.**

The Montvale Library
Invites you to...

the Cookbook Supper Club's

Book Release & Event

The members of the Cookbook
Supper Club have just completed
their first cookbook!



Please join us on
Monday, November 17th
at 6:30pm

to sample some delicious treats
straight from their first publication.
Please register via the Library Website.

Copies will be available for \$15- cash only please.
All proceeds will fund future cooking/ food related
programming at the Montvale Public.

Montvale Recreation



Christmas Tree Lighting

Friday, December 5 at 7:00pm

Montvale residents are invited to join us at the park in the center of town by the train station to kick off the holiday season with the Special Events Committee and Fire Department. Residents help us count down to light up the park and revel in the Fire Depts many decorations and lights including the newly planted Christmas Tree in the southern area of the park. Hot Chocolate and candy canes will be given out to all while supplies last. The Pascack Hills Marching Band will be performing holiday songs to sing along to as well!

Interested in Volunteering?
Email MontvaleRecreation@montvaleboro.org



Montvale Recreation

The Way



"The Way - The Art of Life," is the art of Self-Defense and Wisdom Living (THE WAY FOUNDATION INC). It is the training of the Body, Soul, and Spirit for self-defense in the unarmed combat and daily healthy growth.

We know of some of the widely known Martial Arts and how each is referenced with the country where they originated. Karate - Japan Kung Fu - China TaeKwon-Do - Korea The Way - The Art of Life - USA (Montvale, NJ) Grow, get fit and learn to be disciplined while using the following attributes and tenets of THE WAY: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control.

Tuesdays and Thursdays Beginning September 30
6:00-7:00pm Kindergarten - Grade 4
7:00-8:00pm Grades 5-8
8:00-9:00pm High School and Adults

Montvale Senior/Community Center: 1 Memorial Drive

Resident Fee: \$120

Non-Resident Fee: \$180

Registration: Go to montvalerecreation.org (advanced registration required)

30+ Basketball

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball. Play occurs in the gymnasium at Memorial Elementary School. Parking is located on Memorial Drive and participants should enter through the side community entrance. Registration is open and ongoing throughout the season. The fee covers the entire season.

Memorial School Gymnasium

Mondays 8:00 -10:00 pm

September 15 – June 15

Resident Fee: \$75

Non-Resident: \$95

Registration: Go to MontvaleRecreation.org





Tai Chi

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax.

Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

Montvale Senior/Community Center: 1 Memorial Drive

Resident Fee: \$80

Non-Resident Fee: \$100

Montvale Senior Club Discount: \$40

Registration: Go to montvalerecreation.org

Adult Yoga

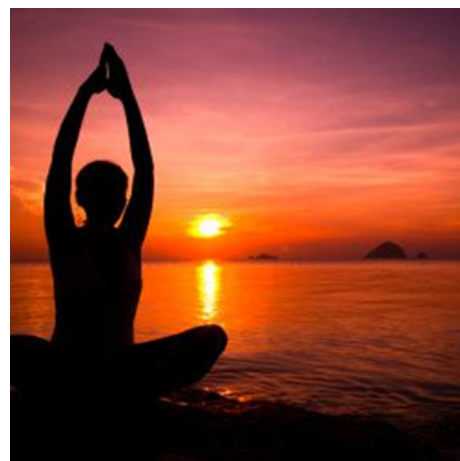
Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Montvale Community Center: 1 Memorial Drive

Mondays at 7:00pm beginning November 17

Resident Fee for each 4 week session: \$40

Non-Resident Fee: \$50



Montvale Special Events Committee



Led by the Recreation Dept, the Special Events Committee is comprised of resident volunteers that meet once per month to plan and execute the following town-wide events for adults and kids:

- Day in the Park (September)
- Halloween Carnival (October)
- Christmas Tree Lighting (December)
- Holiday House Decorating Map (December)
- The Egg Coloring (March/April)
- Fish with a First Responder (June)
- More to Come!

This committee is a great way to give back to your town in a way that benefits residents of all ages through family fun-oriented events! Join us to be a part of keeping these annual events a memorable and fun tradition for all!

Interested in volunteering for this committee or would like more information?

Scan the QR Code below!

