



The Borough of Montvale

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A look at the Community, including upcoming events, important notices, meetings, and more.



Election Day 2024

Election Day is Tuesday, November 5th. Polls will be open from 6:00 am until 8:00 pm. All voting districts will be at the Senior Center on Memorial Drive.

The Mayor's Corner

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Following the release of affordable housing mandate numbers by the Department of Community Affairs (DCA), the Local Leaders for Responsible Planning (LLRP), led by Montvale Mayor Mike Ghassali, announced that they will be asking the Court to place a hold on the Fourth-Round affordable

Court for another thirty (30) days to do so. The LLRP did not consent to this request because time is of the essence for them, with each municipality facing a January 31, 2025, deadline to adopt binding affordable housing determinations. Considering today's numbers, LLRP announces that it now intends to seek a stay of the new law, so that it is placed on hold while the lawsuit makes its way through the court system. "The LLRP municipalities contend they will be irreparably harmed by having to comply with this new law over a narrow three-month period, all while substantial legal challenges to the law's constitutionality are pending in court," explained coalition attorney Michael L. Collins, Esq.



housing mandate.

The DCA's recent calculations confirm what local leaders feared—the housing obligations are excessive and will strain municipal resources beyond their capacity.

"These numbers were expected to be burdensome, but the reality is even worse," said Mayor Ghassali. "The State has handed us housing requirements that defy reality and will force local governments to stretch their resources to the breaking point, all while diverting attention from other critical community needs." Last month, the LLRP filed a lawsuit contending that the new obligations go beyond the Mount Laurel constitutional requirements and amount to an unfunded mandate, leaving local governments without the financial means to comply. The State was required to respond to the lawsuit earlier this week, but it instead filed a motion asking the

LLRP is also calling on other municipalities to join the fight. "This is not just about one town. Every community in New Jersey should be concerned about the strain these numbers will place on their budgets, infrastructure, and services," added Ghassali.

LLRP continues to stand united in opposition to the unfair burden being placed on municipalities and urges towns across the state to join the fight for responsible planning.

Continued on Page 2

Mayors Corner Continued

"We invite every town in New Jersey to be part of this effort. Together, we can push for a fair, equitable solution that protects our communities from being overwhelmed by these unsustainable mandates," said Mayor Ghassali.

"Local Leaders for Responsible Planning" is led by Montvale (Bergen) and includes the following municipalities that have joined as Plaintiffs to the litigation: Township of Denville, Borough of Florham Park, Borough of Hillsdale, Township of Mannington, Township of Millburn, Township of Montville, Borough of Old Tappan, Borough of Totowa, Borough of Allendale, Borough of Westwood, Township of Hanover, Township of Wyckoff, Borough of Wharton, Borough of Mendham, Borough of Oradell, Borough of Closter, Township of West Amwell, Township of Washington, Borough of Norwood, and Township of Parsippany-Troy Hills. The lawsuit is docketed as Borough of Montvale v. State of New Jersey, Superior Court of New Jersey, MER-L-001778-24. The Coalition is represented by Michael L. Collins, Esq. of King, Moench & Collins LLP.

Mayor Mike Ghassali
Borough of Montvale

Fire Prevention

As we approach Thanksgiving, please follow these fire safety tips.

Make sure your oven is clean before preparing your Thanksgiving Day feast.

1. If you plan on frying your turkey, please make sure the oil will not over flow. Keep the fryer 15 feet from your home and off the deck if applicable. The propane connections must be in good shape and have the tank secure from falling. Have a dry chemical fire extinguisher available.
2. If you are planning to have candles lit, make sure they are contained and are away from all combustible material.
3. Check all smoke detectors and carbon monoxide detectors.
4. If you have an EMERGENCY DO NOT HESITATE to dial 911!

If you have any questions, please feel free to call The Montvale Fire Prevention Department at 201-391-5700 extensions 258 or 256.

Have a Happy Thanksgiving and stay safe!

Property Maintenance

As we approach into the Fall, I would like to remind all residents that it is their responsibility to make sure that leaves are not left in the streets to be picked up by your landscape contractor at some future date. Your landscaper is responsible to pick up leaves that are blown on that day. They cannot be leftover night. The homeowner is responsible to manage their landscapers and leaf pickup.

These leaves get washed into storm drains and require a lot of DPW time and money to clean out. This also assures that storm water systems operate properly when we have heavy rains during this time. Once the snow starts to fall, please be reminded that it is the responsibility of the property owner to remove ice and snow from all sidewalks that front on all sides of your property. Sidewalks must remain passable at all times. While I know this can be a frustrating endeavor as plows go by and plow in what was just shoveled, it is important to remember that roadways are the priority in order for emergency vehicles to move about town.

Removal of snow soon after a snowfall will reduce the potential for it to turn to ice and be more difficult to remove later on. By doing so, we will be able to provide safe and passable sidewalks during the upcoming winter. I thank everybody in advance for their efforts and cooperation.

Curbside Collection

Mon	Tue	Wed	Thu	Fri
28	29	30	31	1
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Leaf Pickup
4	5	6	7	8
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Leaf Pickup
11	12	13	14	15
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 3&4	Leaf Pickup
18	19	20	21	22
East Zone Trash Pickup	Central Zone Trash Pickup	West Zone Trash Pickup	Recycling: Districts 1&2	Leaf Pickup
25	26	27	28	29
East Zone Trash Pickup	Central Zone Trash Pickup	Recycling: Districts 3&4 West Zone Trash Pickup		Leaf Pickup

Montvale Senior Club Activities

Monday

- Healthy Bones – 10:00am-11:15am HARP 551-996-2038
- Chair Exercises – 11:00am-12:00pm (video tape) Micki Keller -201-669-9935 Rani Moraine – 201-930-8950
- Mahjong – 1:30pm-3:30pm Kitty Stern – 201-802-0997

Tuesday

- Bocce/ games – (co-ed) 10:00am-12:00pm John Rotante -201-391-4194 Vinnie Alfano – 551-427-8143
- Canasta – 1:30pm-3:00pm Anne Coyman 201-391-0454
- Tai Chi – 1:30pm-2:15pm Lisa Dent -201-391-5700-ext.251

Wednesday

- Bocce (co-ed) 10:00am-12:pm John Rotante 201-391-4194 Vinnie Alfano 551-427-8143
- Yoga Exercises – 11:00am-12:00pm Micki Keller 201-669-9935 Rani Mooriani 201-930-8950
- Mexican Train/ Cards – 1:30pm – 3:30 pm Pat Casciano 201-307-9685 Louise Boothby 201-476-1319

Thursday

- Savory Seniors – No luncheon this month due to Thanksgiving

Friday

- Bocce – (women) 10:00am – 12:00pm Pat Casciano 201-307-9685
- Chair Exercises – 11:00am-12:00pm Rani Mooriani- 201-930-8950
- Cards/ Games/ “5 Crowns”/ Rummikub 1:30pm – 3:00pm Dianne Carfora 201-314-0141

Monthly Activities

- Senior Club Business Meeting – November 7 12:00pm – 2:00pm
- Book Club – Thursday, November 14 12:30pm The book this month is: - ‘Remarkably Bright Creatures’ by Shelby Van Pelt Ree Hopper-201-391-7386 Linda Queller – 201-505-4850
- Bingo / Pizza – November 8 5:00pm – 7:00pm (\$8.00) Micki Keller 201-669-9935 Jodi Miller 551-427-4581
- Senior Club Social – November 21 – 12:00pm-2:00pm Thanksgiving Luncheon given by the Montvale Police
- Gym Open – Monday – Wednesday – Friday 8:00am-12:00pm Bob Daley 201-307-0393 Werner Hahnemann. 201-391-8399

Our nurse will be visiting us on the first Monday and the first Thursday for blood pressure readings.

Montvale Senior Club Activities – Continued

Upcoming Trips/Events

- November 6 – Murder Mystery Trip to the Black Forest Inn in Stanhope.
- November 13-15 – Lancaster/Hershey Trip – Rosemarie Kelly 201-391-8718 Checks must be made to White Star Tours
- Tuesday, December 3 11:30am-3:30pm Seasons Holiday Party - Luncheon, Music, Dancing and Fun! (Please note that the day of the week has been changed to Tuesday and the date is earlier in month than previous Holiday parties)
- Thursday, December 12 1:30pm Savory Seniors “Cookie Exchange”. All Members are invited to participate. All participants must make 3 dozen of your favorite cookie recipe for the exchange. Details to follow.
- March 4, 2025 Doolan’s St. Patrick’s Day Party. Details to follow.

Please note the club will be closed Monday, November 4 and Tuesday, November 5 for Elections.

Board of Health

FREE RABIES VACCINATION CLINIC

Brought to you by the Montvale
Board of Health & NorthWest
Bergen Regional Health
Commission



Date: Saturday, November 16, 2024
Time: 9:30am - 11:00am
Location: Montvale DPW
1 Memorial Drive

All dogs must be leashed and a carrier
must be provided for all cats. Please
bring pet tags and/or proof of
previous rabies vaccination.



For more information contact:
NorthWest Bergen Regional Health
Commission
Phone: (201) 445-7217
Email: info@nwbrhc.net

Montvale Public Library

Friends of the Library

The Friends of the Library are currently accepting book donations- one bag or box per Montvale Library Patron. We are asking for gently used adult and children fiction and nonfiction. No text books, encyclopedias or damaged books. We will hold our holiday book sale in December.

Mark your calendars- It's time for the Friends of the Library Dining for Dollar fundraiser. Join us at Davey's Pub in Montvale between Nov. 4th and Nov. 7th. 20% of your bill will be donated to the Friends of the Library. Thank you Davey's for your continued support! For more information and to print out a coupon, visit the Friends website www.montvalelibrarynj.org/friends or email Bombace@montvale.bccls.org.

The Next Friends of the Library meeting will be held on November 7th at 7:00pm at Davy's Pub in Montvale. Please email Bombace@montvale.bccls.org if you wish to attend and so that a reservation can be made.

The Friends of the Library are currently collecting used jewelry for their first Montvale Library Jewelry Sale to be held later this year. Please drop off any pins, rings, earrings, necklaces and bracelets to the circulation desk. All proceeds from the sale will fund programs, museums pass, and other library services for the community of Montvale. The sale will be held on Saturday, November 23rd.

Adult Programs

Please visit www.montvalelibrarynj.org/calendar to register for any of the programs listed below unless noted otherwise.

November 4, 18, 25 2024 at 7:00 p.m.

Adult Meeting Area

Knitting/Crocheting Group

Need to unwind? Join us every Monday of every month at 7:00 p.m. for a relaxing knitting/crocheting group. Bring what you are working on or start on something new. This group is meant for adult patrons with knitting/crocheting experience. This program will take place in the Adult Meeting Area.

November 7, 2024 at 7:00 p.m.

Effective Communication Strategies: Connecting with Alzheimer's Patients

Virtual Program

Discover how to connect with loved ones with Alzheimer's and other dementia disorders as verbal skills decline. Learn to interpret non-verbal cues like tone, expressions, and body language. Join us to enhance your ability to communicate effectively at each stage of those affected by dementia. This is a virtual program. A Zoom link will be sent out on the day of the event.

November 12, 2024 at 7:00 p.m.

Unveiling the Realities of Vaping

Virtual Program

Join us as we delve into the truths and consequences of vaping. As this trend continues to surge in popularity, especially among youth, it's crucial to understand its impact on respiratory health and overall well-being. We'll explore the composition of e-cigarettes, debunk common myths, discuss potential long-term effects, and address the addictive nature of nicotine in vaping products. This is a virtual program. A Zoom link will be sent out on the day of the event.

November 14, 2024 at 7:00 p.m.

Virtual Program

Making College Affordable

Discover the importance of early college planning, effective saving strategies, and maximizing discounts from colleges. Stay ahead of upcoming changes in the college funding landscape that will impact families with children of all ages and varying income levels. This is a virtual program. A Zoom link will be sent out on the day of the event.

Montvale Public Library

November 18, 2024 at 12:00 p.m.

Library Activity Room

Monday Afternoon Book Club

The Monday Afternoon Book Club meets on the second Monday of every month at 12:00pm. This month we will be reading *The Women*, by Kristin Hannah. This program will take place in the Library Activity Room.

November 18, 2024 at 6:30 p.m.

Library Activity Room

Holiday Season Mocktails

Get ready for the holidays as we learn to make festive non-alcoholic drinks to enjoy throughout the season! We will cover drink recipes, syrups, infusions, beautiful garnishes and more. Along the way you will pick up tips and inspiration for inspired holiday entertaining. This program will take place in the Library Activity Room.

November 21, 2024 at 7:00 p.m.

Library Activity Room

Uncovering the History of Local Area Canals

Explore the rich history of our local northeastern canals, including the Erie, Delaware and Lehigh, and Morris Canals. Discover how these nearby waterways shaped our region's growth and development. Learn why they were built, their impact on local commerce, and how they operated. Featuring historic and current photographs, we'll also guide you to where you can visit these local engineering marvels today. This program will take place in the Library Activity Room.

November 26, 2024 at 7:00 p.m.

Virtual Program

Women Painters in Paris: Mary Cassatt, Berthe Morisot, Suzanne Valadon

Despite their relative obscurity, many women painters reached impressive heights of creative achievement and professional success in 19th through early 20th Century Paris. This talk will examine the lives and the works of three of these exceptional artists: Mary Cassatt, Berthe Morisot and Suzanne Valadon. This is a virtual program. A Zoom link will be sent on the day of the event.

Adult Book Club

November 4th, 2024 at 7:30 p.m.

Monday Evening Book Club

The Monday Evening Book Club meets on the first Monday of every month at 7:30pm. This month we will be discussing *The Bean Trees* by Barbara Kingsolver. This program will take place in the Adult Meeting Area.

November 18th, 2024 at 12:00 p.m.

Library Activity Room

Monday Afternoon Book Club

The Monday Afternoon Book Club meets on the second Monday of every month at 12:00pm. This month we will be reading *The Women* by Kristin Hannah.

English as a Second Language

The Montvale Public Library is a member of the Literacy Volunteers of Pascack Valley which provides ESL (English as a second language) classes for residents of our town. Through this program, students can take classes in person or virtually, taught by trained ESL teachers. Group Classes are going on now. There is currently a wait list for one on one tutors.

Interested in becoming a tutor? There will be a 4 week workshop being offered through the Literacy Volunteers of Pascack Valley. These workshops will be held virtually on October 29th, November 5th, 12th, and 19th from 7:00pm - 8:30pm.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 DePiero Drive

Montvale Public Library

Children's Department

Harvest Craft

Monday, November 4th @ 4:30 pm

We are brightening the afternoon with a harvest candle craft as it gets darker earlier. With just some glue, paper, and some creativity, kids can create their own light to add a warm glow to the season. Ages 5 and older.

Yoga Storytime

Thursday, November 7th & November 21st @ 11:00

Join us with Bozza Yoga Littles and enjoy creative yoga poses, movements, and story time fun! Come, meet friends, and improve hand-eye coordination and motor skills through yoga! This class is for children aged 19 mths- 4 years and is a grown-up and child program. A new registration is required for each class.

Musical Munchkins

Tuesday, November 12th @ 10:30

Musical Munchkins is a music program complete with engaging songs, fingerplays and interactives. Led by experienced teachers, their approach blends melody and movement to nurture creativity, teach music fundamentals, and foster a lifelong love for music. This is a grown-up and child program for ages 0-4. Registration is required.

Minecraft Mania

Wednesday, November 13th @ 4 pm & 5 pm

Who wants to go on a Minecraft Pumpkin Patch Hunt? TD3 Innovative Gaming will be back with more Minecraft fun! Kids will have the opportunity to participate in a hands-on Minecraft Experience. No experience or equipment is needed. This is best for kids ages 8 and up. Registration is required. Space is limited.

Stories and More

Tuesday, November 26th @ 10:30 am

Come sing, play, and read with us! Children 19 months and older are invited to join us for story time. This is a grown-up and child program. A new registration is required for each class.

Montvale Library's Gobble And Give Family Program Stuffed with Fun!

On Saturday, November 23rd from 11:00-1:00 pm Montvale Library will host a fall Gobble & Give Family Program. It is a heartwarming event where families can come and enjoy seasonal crafts and activities and participate in our Stuffing Food Drive for the Tri-Borough Food Pantry by donating boxed stuffing for the holidays. Kids can make a stuff and fluff Turkey plushie craft as well as other autumn activities. There will also be a Friends of the Library's Fashion Jewelry Holiday Boutique. Registration is required for the Stuff and Fluff activity supplies are limited. The craft is suitable for all ages with kids 4 and under accompanied by grown-ups. It's going to be Gobbles of fun!

Museum Passes

Please check out our website <https://www.montvalelibrarynj.org/museum-passes> for updated information about how to obtain passes for the following museums:

Storm King, Guggenheim, the Intrepid Museum, the American Museum of Natural History and The Museum of Modern Art! Museum passes for the American Museum of Natural History and the Intrepid are provided by the Friends of the Library.

Contact:



201-391-5700



www.Montvale.org



The Borough of Montvale
12 DePiero Drive

Montvale Recreation

W i n t e r 2 0 2 4

Christmas Tree Lighting

Friday, December 6 at 7:00pm



Montvale residents are invited to join us at the park in the center of town by the train station to kick off the holiday season with the Special Events Committee and Fire Department. Residents help us count down to light up the park and revel in the Fire Depts many decorations and lights including the newly planted Christmas Tree in the southern area of the park. Hot Chocolate and candy canes will be given out to all while supplies last. The Pascack Hills Marching Band will be performing holiday songs to sing along to as well!

Interested in Volunteering?

Email MontvaleRecreation@montvaleboro.org

Adult Yoga

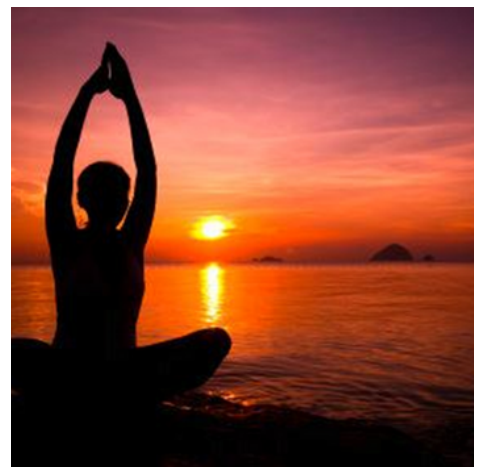
Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.

Montvale Community Center: 1 Memorial Drive

Mondays at 7:00pm beginning November 18

Resident Fee for each 4 week session: \$40

Non-Resident Fee: \$50





Adult Soccer

This 10-week program is a great way to get back into the game of soccer! Co-ed pick-up style games are played every Sunday evening. Participants must be 18 years or older. Registration is open and ongoing for this program, but it is only online: montvalerecreation.org.

Fieldstone Middle School - Field 1

Sundays 5:00-7:00PM

Resident Fee: \$15

Non-Resident Fee: \$20

Registration: Go to montvalerecreation.org

30+ Basketball

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball. Play occurs in the gymnasium at Memorial Elementary School. Parking is located on Memorial Drive and participants should enter through the side community entrance. Registration is open and ongoing throughout the season. The fee covers the entire season.

Memorial School Gymnasium

Mondays 8:00 -10:00 pm

September 16 – June 16

Resident Fee: \$75

Non-Resident: \$95

Registration: Go to MontvaleRecreation.org





Tai Chi

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax.

Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...

Montvale Senior/Community Center: 1 Memorial Drive

Resident Fee: \$80

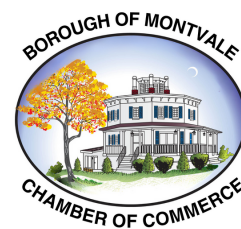
Non-Resident Fee: \$100

Montvale Senior Club Discount: \$40

Registration: Go to montvalerecreation.org

NEWSLETTER

Montvale Chamber of Commerce



JOIN THE MONTVALE CHAMBER

- Growing business through networking
- A liaison to local government
- Supporting local organizations and events
- Board meetings the 1st Wednesday of every month

Chamber Co-Presidents

Scott L. Forman, CrossCountry Mortgage
Steven Fox, Janney Montgomery Scott, LLC

Vice Presidents

Tom Davey, Davey's Locker
Tom Chapman, Tom A Chapman DMD

Secretary

Thomas Hartel, John M. Hartel Co.

Treasurer

George Varghese, Lifeline Urgent Care

Board Members

Linda Mitchell, Massage & Whole Body Health
Paul Jordan, Wegmans
R. Lorraine Hutter, Borough of Montvale
Ron Laurent, CrossCountry Mortgage
Amy Debellis, Sotheby's Real Estate
Doris Sutich, Perfect Limo

PROMOTION

DON'T FORGET!

As a member of the
**Montvale Chamber of
Commerce**, you can
promote any upcoming
events or specials your
business is featuring!

Step 1: Join the Chamber or
Login if you are already a
member

Step 2: Click "My
Promotions" then "Create
Promotion"

