



The Borough of Montvale

Sign up for
monthly email
delivery of the
newsletter

Montvale.org/Subscribe

A look at the Community, including upcoming events, important notices, meetings, and more.



President's Day Closure

The Borough of Montvale offices and the Recycling Center will be closed on Monday, February 17, in observance of President's Day.

In This Edition

- 1 Mayors Corner
- 2 Police
- Property Maintenance
- 3 Curbside Collection
- Tax Department
- Food Pantry
- 4 Pet License
- Library
- 7 Senior Club
- 8 Around the County
- 10 Recreation
- 19 Chamber of Commerce

The Mayor's Corner

I want to inform you that we passed a resolution entitled "Resolution of the Borough of Montvale Committing to Round 4 Present and Prospective Need Affordable Housing Obligations." Pursuant to the deeply flawed law passed in Trenton last year, the Borough was required to adopt this resolution by January 31 or we risk losing our immunity from

That is exactly what we have done. Our Borough Planner identified significant errors in the DCA's mapping of Montvale's "land capacity," which, when corrected, reduced the Borough's land capacity factor by nearly 37 acres – a 98% reduction.



With this more accurate data included, we believe that the Borough's new construction quota for Round 4 should be no more than 176 units. Still a large number, but basically half of the DCA's initial estimate. Furthermore, we will be seeking a further "vacant land adjustment" based on the lack of available, suitable and developable land in the Borough. Our goal is to ultimately reach a new construction quota that is achievable. We are also actively working with our Borough Planner and outside consultants to develop concept plans that will allow us to satisfy our Fourth-Round obligation with minimal impact to our residents.

builder's remedy lawsuits. Nothing about this resolution weakens our resolve to fight to overturn those aspects of the Law that do not comply with the Constitution and the spirit and intent of the Mount Laurel Doctrine.

The DCA issued advisory calculations back in October and estimated Montvale's new construction quota to be 348 new affordable units from 2025 through 2035. If this were satisfied with inclusionary development with a 20% set-aside, it would require the construction of 1,740 new high-density units to be built. This is entirely inconsistent with our community's character and far beyond the capacity of our infrastructure to absorb.

However, the good news is that the DCA's estimate was non-binding, and the Law specially allows towns to adjust their obligations based on more accurate data.

It is important that we continue to comply with the Law, even as we challenge aspects of it that are fundamentally unfair and inconsistent with the new growth patterns in this State. The Borough's adopted resolution will be submitted to the Program, and interested parties, such as developers and special interest groups, will have until February 28 to challenge the Borough's calculation of its Fourth-Round obligation. The Program is intended to resolve any disputes by the end of March. We will continue to update you as our case makes its way through the Program.

Police Department

I found this in a local article in the Daily Voice and thought it would be good to share here.

Initial Contact: Scammers pose as representatives from well-known companies, such as Amazon or a tech support service. They'll claim there's a routine issue, like suspicious charges on your account, a computer virus, or an account breach.

Escalation: The scammers lie, saying your name is tied to serious crimes. They claim the courts will seize your money unless you act quickly.

The "Hero" Tactic: To gain your trust, they pretend to connect you with a "government official" who can fix the problem. But this so-called official is just another scammer.

The Endgame: They pressure you to withdraw cash or make payments via merchandise certificate, wire transfers, cryptocurrency, or other untraceable methods.

Key Warning Signs

The FTC emphasizes that real government officials will never

- Demand payment in cash, merchandise certificate, or cryptocurrency.
- Ask you to keep your conversation a secret or lie to anyone.
- Instruct you to transfer money from your accounts for any reason.
- Scammers often use tactics to appear legitimate, including:
- Faking caller ID to show the name of a government agency.
- Providing fake employee ID or badge numbers.
- Sending official-looking documents or using names of real government employees.

Protect Yourself

- Verify the caller's identity: Contact the company or agency directly using official contact information.
- Be cautious with sensitive information: Never share personal or financial details with unsolicited callers.
- Avoid unconventional payment methods: Legitimate agencies will never ask for payment via merchandise certificate, wire transfers, or cryptocurrency.

Property Maintenance

Please remember that once the snow starts to fall, it is the responsibility of the property owner to remove ice and snow from all sidewalks that front on all sides of your property. Sidewalks must remain passable at all times. This can be a frustrating endeavor as plows go by and plow in what was just shoveled. It is important to remember that roadways are the priority in order for emergency vehicles to move about town. Removal of snow soon after a snowfall will reduce the potential for it to turn to ice and be more difficult to remove later on. By doing so, we will be able to provide safe and passable sidewalks during the upcoming winter. This is extremely important as pedestrians and school students that use sidewalks to access public transportation and are not forced to use the streets as a pathway. Snow removal issues arise each year especially when we are hit with a great deal of snow throughout the course of the winter.

Kindly make sure your contractor is aware of the borough requirements regarding snow removal as the property owner is ultimately responsible for their compliance. By all of us doing our share on our respective properties, we can help to keep Montvale safe for all pedestrians on our sidewalks.

Curbside Collection

Mon	Tue	Wed	Thu	Fri
27 East Zone Trash Pickup	28 Central Zone Trash Pickup	29 West Zone Trash Pickup	30 Recycling: Districts 1 & 2	31 Christmas Tree Pick-up
3 East Zone Trash Pickup	4 Central Zone Trash Pickup	5 West Zone Trash Pickup	6 Recycling: Districts 3 & 4	7
10 East Zone Trash Pickup	11 Central Zone Trash Pickup	12 West Zone Trash Pickup	13 Recycling: Districts 1 & 2	14
17 East Zone Trash Pickup	18 Central Zone Trash Pickup	19 West Zone Trash Pickup	20 Recycling: Districts 3 & 4	21
24 East Zone Trash Pickup	25 Central Zone Trash Pickup	26 West Zone Trash Pickup	27 Recycling: Districts 1 & 2	28

From the Tax Department

Property taxes are due February 1, 2024. Grace period will be to Monday, February 10. After February 10, interest will revert back to February 1.

Borough Hall hours are from 8am-4pm Mon, Tues, Wed; Thursday 8am-6pm and Friday 8am-12pm. For your convenience, a drop box is located curbside by the main entrance of the Library. You may pay online through the borough website at www.montvale.org, or you can mail your payment to the Borough at 12 DePiero Drive, Attn: Tax Collector.

If you would like your bill returned stamped PAID, please enclose your entire bill with payment and include a self-addressed stamped envelope.

As always, if you have any questions, please call Fran Scordo, Tax Collector at (201) 391-5700 ext. 254.

Tri Boro Food Pantry

The Tri Boro Food Pantry is very grateful for any unexpired donations especially the following items:

- Canned vegetables
- Cereal
- Condiments
- Toilet paper

The Tri Boro Food Pantry is located in the back of the Pascack Reformed Church, 65 Pascack Road, Park Ridge. A drop off bin is also located outside the doors of the library under the stairwell at Montvale Borough Hall, 12 DePiero Drive. Thank you for your support!

Pet License Renewal

It's that time of year again – time to renew your pet license and we've made it easier than ever. You can now renew your license online! Log onto www.montvale.org and under Online Services you can renew your license, make your payment, and provide your rabies certificate.

Licensing Fees Per Pet:

- Spayed/Neutered Pet: \$18
- Non-spayed/Non-neutered Pet: \$21
- Pet Owners Age 55+: \$10

Renew Online

- Pay online by credit card - a convenience fee will be charged for credit card payments
- Scan and upload proof rabies vaccination

Renew by Mail or In Person

- Make your check payable to the Borough of Montvale
- Include a copy of rabies vaccination
- Mail to: Borough of Montvale
Attn Pet Licensing
12 DePiero Drive
Montvale, NJ 07645

Rabies vaccinations must be valid through November 1, 2025. Licenses are to be renewed by February 28, 2025 or you will incur a late fee of \$10 per pet (\$5 per pet for ages 55+) starting March 1st.

Montvale Public Library Programs & Events

Friends of the Library

We are still accepting jewelry donations and are planning another sale during the spring right before Mother's Day. If you would like to take a look at some of the jewelry still available for sale, please ask for Giulia.

The next Friends of the Library meeting will be held on Thursday, February 6th at 7:30pm. Please email Bombace@montvale.bccls.org if you wish to attend and so that a reservation can be made.

Adult Programs

February 3, 10, 17, 24 2025 at 7:00 p.m.

Adult Meeting Area

Knitting/Crocheting Group

Need to unwind? Join us every Monday of every month at 7:00 p.m. for a relaxing knitting/crocheting group. Bring what you are working on or start on something new. This group is meant for adult patrons with knitting/crocheting experience.

February 5, 12, 19, 26 2025 at 10:00 a.m.

Adult Meeting Area

Mahjong for Beginners

Learn or refresh your Mahjong skills in this four-week series, taking place on 2/5, 2/12, 2/19, and 2/26.

Mah Jong is an ancient Chinese game that combines strategy, skill, and social interaction as players match tiles to create specific patterns. Sign up once for all four sessions. Registration is limited to ten participants, so sign up today. You must be a Montvale Library resident with a valid library card to register. Registration is almost full, but there is a waiting list.

Montvale Public Library

February 10, 2025 at 7:00 p.m.

Library Activity Room

Date Night Paint Night!

Celebrate Valentine's Day with your special someone- your partner, spouse, best friend, etc. We will be painting with acrylic on canvas. There will be step by step instruction to guide you to completing your masterpiece. This program is for adults only. Registration is required and space is limited. Registration will be open to Montvale residents first. This program will take place in the Library Activity Room.

February 15, 2025 at 7:00 p.m.

Council Chambers

Live Concert: From Italy with Love

Join tenor Salvatore Chiarelli for an afternoon of traditional, classical, and popular Italian, Neapolitan, and Italian American love songs. Salvatore will perform Be My Love, Santa Lucia, Oh Marie, Ritorna Me, and more. This program will take place in the Montvale Council Chambers.

February 24, 2025 at 6:30 p.m.

Library Activity Room

50 Pies, 50 States Discussion with baker Stacey Mei Yan Fong

Join baker Stacey Mei Yan Fong as she discusses her newest cookbook, 50 Pies, 50 States. A copy of Stacey's book will be auctioned off to one lucky winner!

February 26, 2025 at 7:00 p.m.

Library Activity Room

The Harlem Renaissance: Courage, Grace, and Vision

Join us for a talk about the Harlem Renaissance, which set off an explosion in creativity that transformed American culture in art, literature, music, dance, and theater. Discover a few of the many artists of that time period who produced astonishing and groundbreaking works! This is a virtual program. A Zoom link will be sent out on the day of the event.

Adult Book Clubs

February 3, 2025 at 7:30 p.m.

Library Activity Room

Monday Evening Book Club

The Monday Evening Book Club meets on the first Monday of every month at 7:30pm. This month we will be reading *The Invisible Life of Addie LaRue* by V.E. Schwab.

February 10, 2025 at 12:00 p.m.

Library Activity Room

Monday Afternoon Book Club

The Monday Afternoon Book Club meets on the second Monday of every month at 12:00pm. This month we will be reading *My Brilliant Friend*, by Elena Ferrante.

English as a Second Language.

The Montvale Public Library is a member of the Literacy Volunteers of Pascack Valley which provides ESL (English as a second language) classes for residents of our town. Through this program, students can take classes in person or virtually, taught by trained ESL teachers. Group Classes are going on now. There is currently a wait list for one on one tutors.

If you have any questions or would like to become a student or a tutor, please inquire with the ESL manager, therese.jones@montvale.bccls.org or email literacyvolunteerspv@gmail.com. A new 4 week session for tutor training will be held on Tuesday, April 1 and continues weekly on the 8th, 15th and ends on April 22. Class time is from 7:00-8:30 pm via Zoom.

Montvale Public Library

Children's Department

African Drum Circle with Mr. Boom

February 3rd @ 4:00 pm

Who wants to learn how to play African Drums? Mr. Boom Boom will be here with a demonstration of West African Drums including a djembe and talking drum and you can get a chance to play too! Don't miss the beat on this great program! Registration is required.

Stories and More

February 6th and 20th @ 10:30

Come sing, play, and read with us! Children 19 months and older are invited to join us for story time. This is a grown-up and child program. A new registration is required for each class

Babies in the 'Brary

February 7th @ 10:30

Join us for Babies in the 'Brary where we will sing songs, rhymes, and fingerplays, all building blocks for early literacy. Babies ages 0-18 months and a grown-up are invited to join us for all this and more! Registration is required.

Baby and Me Yoga

February 13th and 27th @ 10:30

Join us with Bozza Yoga Littles and enjoy creative yoga poses, movements, and fun! Come, meet friends, and improve hand-eye coordination and motor skills through yoga! This class is for children aged 6 mths- 4 years and is a grown-up and child program. A new registration is required for each class.

Jiggly Wiggly

February 11th @ 10:30

Beat the winter blues with some music, singing and dancing with Jiggly Wiggly! This will be loads of fun for all ages! Registration required.

Zumbini

February 18th @ 10:30

Zumbini is a music and movement class for children 6 mths-4. Led by Tina of Zumbini Time, children can enjoy rhythm and dance while building their social, motor, and cognitive skills. This is a grown-up and child program. Registration is required

Baby Stay and Play

February 21st @ 10:30

Come to the library for a playdate! Grown-ups and their child/ children ages 0-4, are welcome to join this free-form, flexible program to imagine, connect with others, and enjoy some playgroup fun!

Mr. Corbitt Musical Storytime

February 25th @ 10:30

Mr. Corbitt is back with engaging musical story time. Mr. Corbitt brings his vast musical background and love for teaching and working with children together for this energetic and enriching story time/singalong for parents and children alike. This class is best suited for 6mths - 4 Registration is required.

Pet Partners

February 26th @ 4:00

Come and read to a trained therapy dog at Montvale Library! Children can practice their reading skills and bolster their self-confidence by reading aloud to some great listeners. These therapy dogs are "all ears" when it comes to listening to stories. Registration is required for each reader and each reading session is 1:1 and 10 minutes long. This is for ages 8 years and older.

Please plan to arrive 15 minutes prior to your reading time so you have time to get settled and choose a book. If you are not present for your time slot we cannot guarantee your child will get their turn.

Montvale Public Library

Museum Passes

Please check out our website <https://www.montvalelibrarynj.org/museum-passes> for updated information about how to obtain passes for the following museums:

Storm King, Guggenheim, the Intrepid Museum, the American Museum of Natural History and The Museum of Modern Art! Museum passes for the American Museum of Natural History and the Intrepid are provided by the Friends of the Library.

eBooks and Other Online Materials

The Montvale Library subscribes to Kanopy, a streaming service with over 30,000 documentaries, classic and indie films. Patrons with a valid Montvale Library card can stream up to ten titles per month for a 72-hour checkout period.

Hoopla offers eBooks, movies, audiobooks, TV shows, music, and comics to Montvale residents. To sign up, go to <https://www.hoopladigital.com/> or download the free Hoopla app and log in with your library card number (the 14 digit number above the barcode)!

Use the Libby app to borrow eBooks and audiobooks! Use your Montvale Library card to enjoy free content. For anyone who needs step-by-step help getting their device set up, please email movlcirc@bccls.org.

Senior Club

Monday

- Healthy Bones – 10:00am-11:15am HARP 551-996-2038 (A)
- Chair Exercises – 11:00am-12:00pm (video tape) Micki Keller -201-669-9935 Rani Moraine 201-930-8950 (TV)
- Mahjong – 1:30pm-3:30pm Kitty Stern – 201-802-0997 (A)

Tuesday

- Canasta – 1:30pm-3:00pm Anne Coyman 201-391-0454 (A)
- Tai Chi – 1:30pm-2:15pm Lisa Dent -201-391-5700-ext.251 (TV)

Wednesday

- Yoga Exercises – 11:00am-12:00pm Micki Keller 201-669-9935 Rani Mooriani 201-930-8950 (TV)
- Mexican Train/Cards 1:00pm – 3:30pm Pat Casciano 201-307-9685 Lucille Borthwick 845-649-2964 (A)

Thursday

- Savory Seniors – Thursday, February 27 11:30am-1:00pm (A)

Friday

- Chair Exercises 11:00am-12:00pm Rani Mooriani 201-930-8950 (TV)
- Cards/Games/Rummikub 1:30pm-3:00pm Dianne Carfora 201-314-0141 (A)

Monthly Activities

- Senior Club Business Meeting – February 6 12:00pm – 2:00pm (A)
- Book Club – Thursday, February 13 12:30pm The book this month is: - “Bel Canto” by Ann Patchett
- Ree Hopper-201-391-7386 JoAnne Palkevich 201-573-0891 (A)
- Bingo / Pizza – February 14 5:00pm – 7:00pm (\$8.00) Micki Keller 201-669-9935 Jodi Miller 551-427-4581 (A)
- Senior Club Social – Thursday, February 20. 12:00pm – 2:00 pm Valentine Luncheon and Entertainment (A)
- Gym Open – Monday -Wednesday-Friday 8:00am-12:00pm Bob Daley 201-307-0393 Werner Hahnemann 201-391-8399
- Our nurse will be visiting us on the first Monday and the first Thursday for blood pressure readings

Senior Club

Upcoming Trips/Events

- March 4, 2025 Doolan's St. Patrick's Day party. The Shore lub in Spring Lake. \$70.00 pp. Contact Dianne Carfora for tickets 201-314-0141
- April 24-27 4 Day, 3 night trip to 'The Parade of Nations and Virginia International Tattoo Parade' – Contact Rosemarie Kelly for information 201-391-8718
- Trip to Woodloch Pines June 3-6, 2025 . Any questions, contact Pat Casciano 201-307-9685

THE CLUB WILL BE CLOSED MONDAY, FEBRUARY 17 FOR ALL ACTIVITIES

**Rooms for each meeting are held (A) Atrium (TV) TV room **

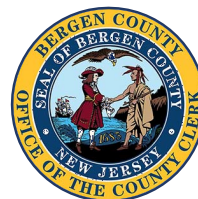
Around The County



Bergen County Clerk

John S. Hogan

Presents:



Around the County

Satellite Office and Passport Outreach Services



Montvale



No Appointments Necessary

- Accepting Passport Applications (Photos On-Site)
Please visit www.Travel.State.Gov for information about the documents needed to apply for a passport
- **Swearing in Notary Oaths**
- Bring checks for payments
- Free Photo Cards for Seniors, Veterans, and Exempt Firefighters
- For any further information please call 201-336-7057 or email gdesantis@bergencountynj.gov

What

Where

Montvale Borough Hall – Council Chambers 2nd floor
12 DePiero Drive
Montvale, NJ 07645

When

Thursday, April 3, 2025
From 10:00 AM – 2:00 PM

Around The County Passport Fees



UNITED STATES PASSPORT FEES

Payment Instructions: *The application fee is paid directly to the Department of State. **The Execution/Acceptance fee is paid directly to the acceptance facility. Two separate payments are required. (Effective 6/28/2024)

ADULT APPLICANTS (16 Years and Older)

What are you applying for?	Use Form	Application Fee *Paid to the U.S. Department of State	Execution Fee (Acceptance Fee) **Paid to the Acceptance Facility
First-time Adult Passport Book	DS-11	\$130	\$35
First-time Adult Passport Card Not valid for international air travel. Valid only for travel by land and by sea to Canada, Mexico, Bermuda, and the Caribbean.	DS-11	\$30	\$35
First-time Adult Passport Book & Card	DS-11	\$160	\$35

ALL MINOR APPLICANTS (Under 16)

What are you applying for?	Use Form	Application Fee *Paid to the U.S. Department of State	Execution Fee (Acceptance Fee) **Paid to the Acceptance Facility
Minor Passport Book	DS-11	\$100	\$35
Minor Passport Card A passport card is valid only for travel by land and by sea to the following locations: Canada, Mexico, Bermuda, and the Caribbean.	DS-11	\$15	\$35
Minor Passport Book & Card	DS-11	\$115	\$35

OPTIONAL FEES (Paid to the U.S. Department of State)

Expedite Fee	Paid per application, in addition to required fees. Provides faster processing than routine service.	\$60
1-2 Day Delivery	Paid per application for 1-2 day delivery of an issued passport book from the Department of State to the customer. Only applies to mailing addresses within the United States. Not valid for passport cards.	\$21.36
File Search Fee	A file search is necessary when an applicant is unable to present evidence of U.S. citizenship or verification of a previously issued U.S. Passport or Consular Report of Birth Abroad. Applicant must submit Form DS-11 and a written request for a file search.	\$150

ADULT RENEWALS (16 Years and Older) To renew your passport, you must apply by mail or in person at a passport agency, if you are traveling within 14 days. A \$60 expedite fee is charged at passport agencies. Below are the fees for basic renewals. Optional fees may apply.

What are you renewing?	Use Form	Application Fee *Paid to the U.S. Department of State
Adult Passport Book	DS-82	\$130
Adult Passport Card Not valid for international air travel. Valid only for travel by land and by sea to Canada, Mexico, Bermuda, and the Caribbean.	DS-82	\$30
Adult Passport Book & Card	DS-82	\$160

Submitting incorrect passport fees could delay the processing of your application. For more information regarding passport application fees, please visit travel.state.gov/passportfees or call 1-877-487-2778, TDD/TTY: 1-888-874-7793.

Updated May 2024

Montvale Recreation

Summer Camp 2025

June 23 – July 18 (No Camp on July 4)

Monday – Friday 9:30AM – 2:30PM

Resident Fee is \$500 per child for all 4 weeks.

Rec Camp is offered to children entering
grades 1-5 in September 2025

Registration opens March 3 and closes on April 3. Please know that in years past many, if not all age groups have typically filled up prior to registration closing. Please register early to guarantee your camper's spot. Registration fees are non-refundable unless a medical note from a doctor can be provided or there is a waitlist for your child's group.

Registration: montvalerecreation.org

Adventure Camp 2025

June 23 – July 18 (No Camp on July 4)

Monday – Friday 9:00AM – 2:30PM

Resident Fee is \$650 per child for all 4 weeks.

Adventure Camp is offered to children entering grades
6-7 in September 2025

Registration opens March 4 at 7:30PM. Please know that in years past many, if not all age groups have typically filled up shortly after registration begins. Please register early to guarantee your camper's spot. Registration fees are non-refundable unless a medical note from a doctor can be provided or there is a waitlist for your child's group.

Registration: montvalerecreation.org

Camp Counselors

Summer Rec and Adventure Camp counselor applications are now available! Applications can be printed by going to montvalerecreation.org/camp or picked up at Borough Hall which is located at 12 DePiero Drive. All applications are due back by March 3. Please email applications to MontvaleRecreation@montvaleboro.org or drop them off to Borough Hall, Attn: Recreation.

To be considered for any counselor position, applicants must be in at least 8th grade for the current 2024-2025 school year. Group Leader applicants must be at least 18 years old.

Summer Camp Counselor Hours: 9:00am-2:45pm
Mandatory Training: Date/Time TBA

Adventure Camp (Trips) Counselor Hours: 8:30am-2:45pm
Mandatory Training: June 16 5-7pm

After submitting an application, all new applicants will need to be interviewed on Thursday, March 13 between 5:00 and 7:00pm for Summer Camp. If Adventure Camp is marked as first preference on the application, then the applicant must attend the Adventure Camp interview session instead on Saturday, March 8 from 9:00am - 11:00AM.

Returning counselors were emailed an application packet with instructions on how to reapply. If any returning counselor did not receive a packet by February 1, please email Mrs. Loranger, MontvaleRecreation@montvaleboro.org

Montvale Recreation

Girls Volleyball

This 10-week program is open to all volleyball players in grades 5-8 who are interested in improving their skills and practice in gameplay! All equipment is provided. This program takes place over the course of 10 weeks per the below schedule.

Grades 5-6 on Tuesdays 7:00-8:00pm
January 14 - March 25

Grades 7-8 on Wednesdays 8:00-9:00pm
January 15 - March 19

Memorial School Gymnasium : 53 W Grand Ave

Resident Fee: \$200

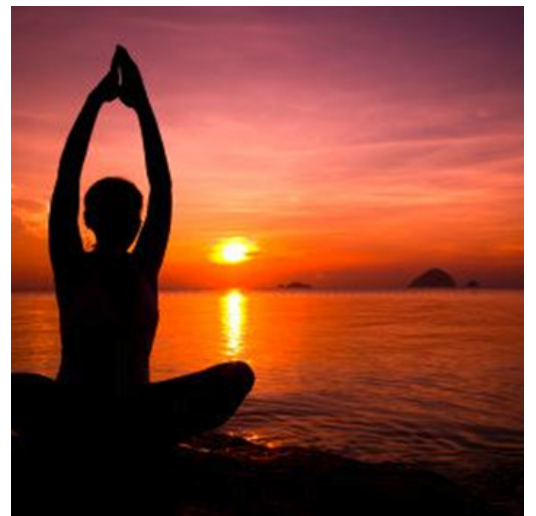
Non-Resident Fee: \$250

Registration: Go to montvalerecreation.org



Adult Yoga

Begin the week with a yoga practice that restores well-being into your life. Yoga's many benefits include improved flexibility, muscle strength, preventing cartilage and joint breakdown, increased bone health, as well as increased focus, balance, self-esteem and inner strength. Classes begin with short meditation, a warm up, yoga poses and relaxation at the end of class. Debra Broadman has over fifteen years of experience empowering her students while she has also specialized in working with addiction and PTSD students. All levels are welcome, registration is ongoing and takes place online or at each class.



Montvale Community Center: 1 Memorial Drive

Mondays at 7:00pm beginning January 6

Resident Fee for each 4 week session: \$40

Non-Resident Fee: \$50

30+ Basketball

This program is for men and women 30 years of age and older. The pick-up game style welcomes all who have a passion for basketball. Play occurs in the gymnasium at Memorial Elementary School. Parking is located on Memorial Drive and participants should enter through the side community entrance. Registration is open and ongoing throughout the season. The fee covers the entire season.

Memorial School Gymnasium: 59 W Grand Ave
Mondays 8:00 -10:00 pm
September 16 – June 16
Resident Fee: \$75
Non-Resident: \$95
Registration: Go to MontvaleRecreation.org



Tai Chi

Tai Chi/Qigong is a gentle slow moving meditative martial art that began in China thousands of years ago. It is intended to strengthen and relax the body. Tai Chi requires little effort with circular and flowing motions to provide stretching that help the body and mind relax.

Benefits include assistance with, preventing falls, Osteoarthritis, Parkinson's, Chronic Obstructive Pulmonary Disease, Depression, Cardiac Rehab, Stroke, Dementia, Fibromyalgia, Hypertension, Anxiety. Tai Chi is also known to improve balance, aerobic capacity, flexibility, sleep and many more...



Montvale Senior/Community Center: 1 Memorial Drive

Resident Fee: \$80

Non-Resident Fee: \$100

Montvale Senior Club Discount: \$40

Registration: Go to montvalerecreation.org

Montvale Recreation



The Way

“The Way - The Art of Life,” is the art of Self-Defense and Wisdom Living (THE WAY FOUNDATION INC). It is the training of the Body, Soul, and Spirit for self-defense in the unarmed combat and daily healthy growth.

We know of some of the widely known Martial Arts and how each is referenced with the country where they originated. Karate - Japan Kung Fu - China TaeKwon-Do - Korea The Way - The Art of Life - USA (Montvale, NJ)

Grow, get fit and learn to be disciplined while using the following attributes and tenets of THE WAY: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control. The Way meets twice per week for 8 weeks.

Tuesdays and Thursdays Beginning January 28
6:00-7:00pm Kindergarten – Grade 4
7:00-8:00pm Grades 5 – 8
8:00-9:00pm High School and Adults

Montvale Senior/Community Center: 1 Memorial Drive
Resident Fee: \$120
Non-Resident Fee: \$180
Registration: Go to montvalerecreation.org (advanced registration required)

Adult Volleyball

Pick-up style play open to all skill levels, ages 18 and up. Volleyballs are provided for all those who attend. Up to 2 games at once.

Memorial School Gymnasium : 53 W Grand Ave
Tuesdays 8:00pm-10:00pm January 14 - June 17
Resident Fee: \$240
Non-Resident Fee: \$260
Registration: Go to montvalerecreation.org



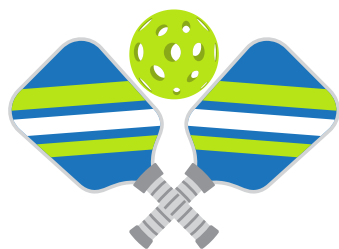
Field, Court and Facility Reservations



Looking to reserve fields, courts or parks in Montvale? Don't forget to get a permit first! Apply by going to montvalerecreation.org and submitting an application through Community Pass.

An application must be approved prior to any organized use of a field, court or facility.

Applications for Spring 2025 use of the FIELDS must be submitted between January 1 and February 1.



Pickleball Court Badges



Badges must be obtained prior to the use of the pickleball courts located at 1 Memorial Drive. Each year, residents and non-residents must renew their badges for the calendar year, January-December. Badges for the 2025 season will be available for purchase beginning January 2 at Borough Hall located at 12 DePiero Drive. Borough Hall is open Monday-Wednesday 8:00am-4:00pm, Thursday 8:00am-6:00pm and Friday 8:00am-12:00pm.

Payment methods accepted at Borough Hall include cash or check. For credit card payments, please utilize montvalerecreation.org to register for a badge or renewal sticker through Community Pass. When registering online, badges and renewal stickers still need to be picked up at Borough Hall. If you are not able to do so within operating hours, please email MontvaleRecreation@montvaleboro.org to make alternative arrangements.

Residents		Non-Residents	
Adult (18-61)	\$30	Adult (18-61)	\$100
Child (17 and younger)	\$10	Child (17 and younger)	\$30
Senior Citizens (62 and older)	\$15	Senior Citizens (62 and older)	\$100
Replacement Badge (1 per year max)	\$10	Replacement Badge (1 per year max)	\$10



Tennis Court Badges



Badges must be obtained prior to the use of the tennis courts located at 1 Memorial Drive and 159 Chestnut Ridge Road. Each year, residents and non-residents must renew their badges for the calendar year, January-December. Badges for the 2025 season will be available for purchase beginning January 2 at Borough Hall located at 12 DePiero Drive. Borough Hall is open Monday-Wednesday 8:00am-4:00pm, Thursday 8:00am-6:00pm and Friday 8:00am-12:00pm.

Payment methods accepted at Borough Hall include cash or check. For credit card payments, please utilize montvalerecreation.org to register for a badge through Community Pass. When registering online, badges still need to be picked up at Borough Hall. Questions? Email

MontvaleRecreation@montvaleboro.org

New in 2025, tennis badge registrants will receive an identifying badge rather than an access control badge to the courts. The tennis gates will not be locked at any time, but court users must be able to present a current year's badge validating that they are a current badge holder when asked by a representative of the recreation dept. The Rec Dept has moved to an identifying badge in order to alleviate continued technical issues surrounding the access control system at the tennis gate entrance. Please note that regardless of having a badge in 2024 or prior, online registrants must come into Borough Hall to pickup their new 2025 badge. If you are not able to do so within operating hours, please email MontvaleRecreation@montvaleboro.org to make alternative arrangements.

Residents		Non-Residents	
Adult (18-61)	\$30	Adult (18-61)	\$60
Child (17 and younger)	\$10	Child (17 and younger)	\$20
Senior Citizens (62 and older)	\$15	Senior Citizens (62 and older)	\$30
Replacement Badge (1 per year max)	\$10	Replacement Badge (1 per year max)	\$10



Basketball Court Badges



Badges must be obtained prior to the use of the basketball courts located at 1 Memorial Drive. Each year, residents and non-residents must renew their badges for the calendar year, January-December. Badges for the 2025 season will be available for purchase beginning January 2 at Borough Hall located at 12 DePiero Drive. Borough Hall is open Monday-Wednesday 8:00am-4:00pm, Thursday 8:00am-6:00pm and Friday 8:00am-12:00pm.

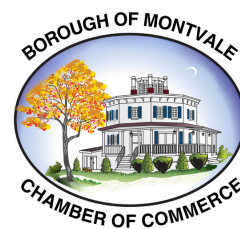
Payment methods accepted at Borough Hall include cash or check. For credit card payments, please utilize montvalerecreation.org to register for a badge or renewal through Community Pass. When registering online, badges and renewal stickers still need to be picked up at Borough Hall.

Questions? Email MontvaleRecreation@montvaleboro.org

Residents		Non-Residents	
Adult (18-61)	Free	Adult (18-61)	\$25
Child (17 and younger)	Free	Child (17 and younger)	\$15
Senior Citizens (62 and older)	Free	Senior Citizens (62 and older)	\$10
Replacement Badge (1 per year max)	\$5	Replacement Badge (1 per year max)	\$5

NEWSLETTER

Montvale Chamber of Commerce



JOIN THE MONTVALE CHAMBER

- Growing business through networking
- A liaison to local government
- Supporting local organizations and events
- Board meetings the 1st Wednesday of every month

Chamber Co-Presidents

Scott L. Forman, CrossCountry Mortgage
Steven Fox, Janney Montgomery Scott, LLC

Vice Presidents

Tom Davey, Davey's Locker
Tom Chapman, Tom A Chapman DMD

Secretary

Thomas Hartel, John M. Hartel Co.

Treasurer

George Varghese, Lifeline Urgent Care

Board Members

Julia Avato, Business Development
Paul Jordan, Wegmans
R. Lorraine Hutter, Borough of Montvale
Ron Laurent, CrossCountry Mortgage
Amy Debellis, Sotheby's Real Estate
Doris Sutich, Perfect Limo

Thank you to **Fire & Oak**
and **Courtyard Marriott**
for sponsoring our annual

KICK-OFF »» EVENT

Join the Montvale Chamber of
Commerce & follow us on Social
Media for our next networking
opportunity!

2025 MONTVALE CHAMBER OF COMMERCE

Street Fair

Sunday, June 8th

Sponsorships are now available!

Email Julia.Avato@ccm.com to become a sponsor

MONTVALECHAMBER.COM

CHECK IT OUT